

**SPECIAL OLYMPICS WASHINGTON
GOLF INDIVIDUAL SKILLS COMPETITION
LEVEL 1**

NAME _____	TEAM NAME _____	
AGE _____	SEX _____	DIVISION _____

PRELIMINARIES

FINALS

SHORT PUTTING

*A TARGET HOLE WITH TWO CIRCLES, 1.5 AND .5 METERS RADIUS IS SELECTED.

*ATHLETE PUTTS FIVE BALLS AT THE HOLE FROM 1.5 METERS AWAY SCORING POINTS ACCORDING TO WHERE THE BALL STOPS.

*SCORING: ONE POINT FOR STRIKING THE BALL, ONE POINT FOR GETTING THE BALL TO STOP INSIDE THE .5 METER CIRCLE, FOUR POINTS TOTAL IF BALL GOES INTO HOLE. A SWING AND A MISS COUNTS AS AN ATTEMPT AND RECEIVES A ZERO.

SCORE ALL FIVE ATTEMPTS: + + + + =

LONG PUTT

*SAME AS THE SHORT PUTTING, BUT THE ATHLETE STANDS 8 METERS AWAY.

*SCORING: ONE POINT FOR STRIKING THE BALL, ONE POINT FOR GETTING THE BALL TO STOP INSIDE THE 1.5 METER CIRCLE, AN ADDITIONAL POINT FOR GETTING THE BALL TO STOP INSIDE THE .5 METER CIRCLE, FOUR POINTS TOTAL IF BALL GOES INTO HOLE. A SWING AND A MISS COUNTS AS AN ATTEMPT AND RECEIVES A ZERO.

SCORE ALL FIVE ATTEMPTS: + + + + =

CHIPPING

*AREA IS SET UP WHICH INCLUDES A 3 METER X 3 METER SQUARE HITTING AREA 14 METERS FROM THE HOLE WITH A 3 METER CIRCLE AROUND THE HOLE.

*ATHLETE RECEIVES FIVE ATTEMPTS SCORING POINTS ACCORDING TO WHERE THE BALL STOPS.

*SCORING: ONE POINT FOR STRIKING THE BALL, ONE POINT FOR GETTING THE BALL TO STOP INSIDE THE 3 METER CIRCLE, FOUR POINTS TOTAL IF BALL GOES INTO HOLE. A SWING AND A MISS COUNTS AS AN ATTEMPT AND RECEIVES A ZERO.

SCORE ALL FIVE ATTEMPTS: + + + + =

PITCH SHOT

*ATHLETE HITS FIVE BALLS FROM THE TEEING AREA OVER A NET, BETWEEN THE POLES, AT A TARGET AREA, TRYING TO GET THE BALL TO LAND WITHIN THE TARGET AREA. THE NET IS 1 METER TALL X 5 METERS WIDE HELD BY TWO 2 METER HIGH POLES.

*SCORING: ONE POINT FOR STRIKING THE BALL, AN ADDITIONAL POINT FOR GETTING BALL OVER THE NET AND BETWEEN POLES, FOUR POINTS TOTAL IF BALL GOES INTO THE TARGET AREA. A SWING AND A MISS COUNTS AS AN ATTEMPT AND RECEIVES A ZERO.

SCORE ALL FIVE ATTEMPTS: + + + + =

IRON SHOT

*ATHLETE HITS THE BALL FIVE TIMES FROM THE TEEING AREA TOWARDS A DESIGNATED FLAG IN THE HITTING AREA TRYING TO KEEP THE BALL WITHIN THE BOUNDARY MARKERS AND ACHIEVING A DISTANCE OF MORE THAN 90 METERS.

*SCORING: ONE POINT FOR STRIKING THE BALL, A SWING AND A MISS COUNTS AS AN ATTEMPT AND RECEIVES A SCORE OF ZERO. IN ADDITIONAL TO THE SWING, POINTS ARE RECEIVED FOR THE FOLLOWING: TWO POINTS FOR A BALL THAT COMES TO REST BETWEEN THE 30 METER LINE AND 60 METER LINE. THREE POINTS FOR A BALL THAT COMES TO REST BETWEEN THE 60 METER LINE AND 90 METER LINE. FOUR POINTS FOR A BALL THAT COMES TO REST BEYOND THE 90 METER LINE. ALL BALLS MUST ALSO COME TO REST WITHIN THE 35 METER WIDE BOUNDARY LINES.

SCORE ALL FIVE ATTEMPTS: + + + + =

WOOD SHOT

*ATHLETE HITS THE BALL FIVE TIMES FROM THE TEEING AREA TOWARDS A DESIGNATED FLAG IN THE HITTING AREA, TRYING TO KEEP THE BALL WITHIN THE BOUNDARY MARKERS AND ACHIEVING A DISTANCE OF MORE THAN 120 METERS.

*SCORING: ONE POINT FOR STRIKING THE BALL, A SWING AND A MISS COUNTS AS AN ATTEMPT AND RECEIVES A SCORE OF ZERO. IN ADDITIONAL TO THE SWING, POINTS ARE RECEIVED FOR THE FOLLOWING: TWO POINTS FOR A BALL THAT COMES TO REST BETWEEN THE 60 METER LINE AND 90 METER LINE. THREE POINTS FOR A BALL THAT COMES TO REST BETWEEN THE 90 METER LINE AND 120 METER LINE. FOUR POINTS FOR A BALL THAT COMES TO REST BEYOND THE 120 METER LINE. ALL BALLS MUST ALSO COME TO REST WITHIN THE 50 METER WIDE BOUNDARY LINES.

SCORE ALL FIVE ATTEMPTS: + + + + =

GRAND TOTAL =