



# 2020 West Side Ski & Snowboard Tournament

## Saturday, February 1, 2020

### Locations:

Snoqualmie Pass\* - Summit West

Directions Below

Cross Country Venue: Lake Easton State Park

71 Keechelus Boat Launch Rd, Snoqualmie Pass, 98068

### Schedule of Events:

7:15 AM-VOLUNTEER (Set Up Crew)

7:30-8:00 AM- VOLUNTEER CHECK-IN (Guest Services)

ATHLETE PHOTOS (MAIN STEPS)

8:00 AM- VOLUNTEER ORIENTATION (GUEST SERVICES)

8:45 AM- OPENING CEREMONIES STAGING (EAST OF PACIFIC CREST)

9:00-9:20 AM- OPENING CEREMONIES

9:10 AM- VOLUNTEER, TO POSTS

10:00-12:00 PM- RACING BEGINS

- ALPINE GIANT SLALOM AND SLALOM
- SNOWBOARDING GIANT SLALOM AND SLALOM
- NORDIC EVENTS AT IRON HORSE SNO-PARK (see schedule on next page)

11:15-1:00 PM- LUNCH BREAK AND AWARDS

1:00-3:00 PM- RACING RESUMES

- ALPINE SUPER G
- SNOWBOARDING SUPER G

AWARDS WILL IMMEDIATELY FOLLOW EVENTS

### Directions to Summit West at Snoqualmie Pass

- I-405 or I-5 Northbound or Southbound to I-90, follow I-90 East to Issaquah
- at exit 52, turn RIGHT onto Ramp towards W. Summit
- Turn RIGHT (South) onto SR-906

If you have any questions, please contact Nicole Becker, NW Sr. Manager of Sport & Competition, at [nbecker@sowa.org](mailto:nbecker@sowa.org) or [206-736-7087](tel:206-736-7087)



# 2020 West Side Cross Country Tournament

## Saturday, February 1, 2020

**Lake Easton State Park**  
**71 Keechelus Boat Launch Rd, Snoqualmie Pass 98068**

### Schedule of Events:

10:15 AM- 10 K \*\* will start the 10k, as soon as athletes are ready after the bus arrives

11:15 AM- 5K Race & 3K Race ( These races will be run concurrently)

12:00 PM- 500M Race

12:30 PM- Lunch

1:00 PM- 1K Race

1:30 PM- 100M Race

1:45 PM- 4x1K Unified Relay

2:30 PM- Awards

Bus leaving at 2:30-3:00