



Virtual Volunteers

For more information or to sign up for any of these roles please contact arider@sowa.org. To view our virtual training video please visit <https://www.youtube.com/watch?v=IljDuf7a6BQ&t=4s>.

Opportunities

- **Social Media Advocates**
 - Like, Share, and Repost Special Olympics Washington content on Twitter, Facebook, and Instagram.
- **Virtual Fans in the Stands**
 - Are you missing cheering on our athletes as they take the field? Bring the noise and join us during the week of the Virtual Summer Games where we will gather volunteers as a part of our Virtual Fans in the Stands!
- **Cheer Cards**
 - Get your creative skills going and share your best Cheer Cards for our competitors during the Virtual Summer Games! Post them on our Facebook feed for all our competitors to see that they're not competing alone!
- **Creation of Encouraging Videos**
 - Send in a video, ideally 10-30 seconds long, no longer than one minute, to show your support of our competitors in the Virtual Summer Games!
 - What do you miss about Special Olympics Washington? How are you staying positive? What's your favorite memory with Special Olympics Washington? Anything you want to say to the athletes? What are you looking forward to when we return?
 - Send your video to arider@sowa.org and it will be compiled and shown during our Virtual Summer Games!
- **Letter Writing**
 - Looking to send some encouragement from athletes while we're all at home!
 - Let us know how many letters you would like to write and we will supply a list of athletes.
 - Supply your own materials, and then once you're done, send them to our office at 2815 2nd Ave, Suite 370, Seattle, WA 98121 where we will address and send them out to the athletes.
 - Messages of encouragement, your favorite Special Olympics memory, what you miss about events, what event you're looking forward to when we return? Have a favorite recipe that's been getting you through quarantine? Write it out and send it along with your card!
- **Virtual Wellness Coordinator**
 - Virtual Wellness Coordinators plan an essential role in implementing Healthy Communities Programing state wide.
 - The individual in this volunteer position will facilitate weekly virtual conversations around health and wellness topics with Athletes and Unified Partners.
 - The Virtual Wellness Coordinator may also direct athletes, families, and caregivers to needed health services and resources.



- **Athlete Input Council Facilitator**
 - Coordinate and hold monthly AIC meetings.
 - Facilitate athlete discussion of feedback and the development of constructive recommendations.
 - Participate in monthly facilitator support calls.
 - Communicate regularly with your Area's Athlete Leadership Coordinator.
- **Data Analyzation**
 - Area Leadership Team Data Project – We're looking for volunteers to help us better understand the demographics of some of our areas. See this [example](#) from SO Illinois for more details.
 - Volunteer Data Project – We're looking for volunteers who can help break down our volunteer data to better determine our volunteer demographics, retention rate, recruitment rate and more!
- **Healthy Eating Habits**
 - Have any great recipes, tips or tricks to get you through quarantine? Send them in so that they can be shared out with the community.
 - These skills can be shared by being our Virtual Wellness Coordinator.
- **Subtitling SOWA volunteer training videos**
 - We're looking for volunteers can help us add transcriptions to our new training videos posted on our Volunteers SOWA YouTube channel. Simply type out the words as they are spoken and e-mail that to arider@sowa.org so it can be uploaded onto YouTube.
- **Robotics Field Creation**
 - <http://support.unifiedrobotics.org/knowledge-base/how-to-build-a-field/>
- **Translation of Documents**
 - Time to time we will need a document translated to another language in order to be distributed.
 - If you are interested in translating documents such as volunteer handbooks and flyers, please e-mail arider@sowa.org.