



2023 East Regional (Valley - Walla Walla - Tri Cities areas) Bowling Competition



Sunday - October 22, 2023

VENUE LOCATION



Spare Time Lanes

711 W. Vineyard Dr.
Kennewick, WA
- 24 lanes -

GENERAL INFORMATION

NO HOUSING or **LUNCHESES** are being provided.
Food for purchase will be available at venue.

NO food or drink is allowed in or around the
bowling lane areas.

NO "Day of" COACHES meeting. Pick up **TEAM PACKET** at Information Table when you arrive.

Attend required zoom **BOWLING coach meeting**
on **October 10th @ 6:00pm.**

Go to **EAST REGION**

WEBPAGE for required registration link!

Two games played using **HANDICAP** style of
competition. **Example:** (based on 200)

Average for an athlete is 95, so handicap is 105.
Another athlete's average is 130, so handicap is
70. Handicap is added to final score for each of
the two games.

SOWA merchandise - including fall season t-
shirts will be available for purchase.

FALL STATE GAMES: Nov 17-19 in Tri Cities.

GENERAL SCHEDULE

Morning Shift: **Sunnyside - Tri Cities Easy Rollers**
Walla Walla - Tri Cities Panthers

8:00 AM - Team Check-In Begins

8:30 AM - Lanes open for warm-up

8:45 AM - Competition begins - ALL EVENTS

Afternoon Shift: **Tri Cities Strikers - Ellensburg - Yakima**

12:30PM - Team Check-In Begins

1:00PM - Lanes open for warm-ups

1:15PM - Competition begins - ALL EVENTS

* **NOTE:** Afternoon shift completed at approx. 5:00pm

AWARDS and State Advancement



Presented as results are processed and confirmed
near the bowling lane participant competed on.

NOTE: This is a FALL STATE GAMES qualifying
event. **Gold medalists** will be placed in a random
drawing for a state invitation.

Drawing will take place and teams notified of
results on Monday after each competition.

ALLOCATION advancement numbers are
pre-determined according to total participation
numbers in competitions throughout the state.

BOWLING RULES

Need clarification on rules, modifications...or
simply need to "brush up" on things? Go to our
EAST REGION Webpage to find rules manual and
our condensed "short rules".

VOLUNTEERS NEEDED

Send interested to:

<https://sowa2023bowling-wallawall-tricities-valley.my-trs.com/>

EAST REGION Contact Information

Program Manager: Tim Toon - ttoon@sowa.org (credential and transportation related)
Operations and Competition Manager: Grant Opland - gopland@sowa.org (event related)