



TECHNICAL MANUAL

EAST REGION SUB REGIONALS - BASKETBALL

Sunday, January 19th

Central Valley Highschool / Sunnyside Schools

Qualifying competitions for regional at WSU on February 8th



[East Region Webpage](#)

Follow this [link](#) for updated “region specific” info; competition dates, schedules, brackets, registration & general information!

Special Olympics





CENTRAL VALLEY HIGH SCHOOL

Areas represented: NORTHEAST / SOUTHEAST

Venue address: Central Valley High School @ 821 S. Sullivan Rd., Spokane Valley

SUNNYSIDE HIGH SCHOOL

Areas represented: NORTH CENTRAL / VALLEY / TRI CITIES

Venue address: Sunnyside High School @ 1801 E. Edison Ave., Sunnyside

General DAY SCHEDULE for both competitions

- 8:15am – 9:00am:** Team Check-in and warm up if playing first game
- 9:00am – 5:00pm:** Team Competition
- 9:50am – completed:** Skills Competition (Individual and Team)
- 11:30am – 1:00pm:** Lunch distribution
- 11:00am – 5:00pm:** Awards presented as results completed

Competition specifics

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Washington**



DIVISIONING PROCESS is determined by several factors. Age and gender are looked at then we move to the qualifying scores submitted during the FINAL REGISTRATION process. Realizing the qualifying scores can be somewhat subjective and varied during the calculation process, we are using a “style” of competition (**see next section**) that hopefully minimizes the reality of mis-matches. Although not full proof, we certainly want to try and cultivate a competition that provides every team and individual a chance to be matched up with comparable skills levels.

Our **ROUND ROBIN** style of competition is designed to help “even out the playing field”. A team at the bottom of its group after preliminary rounds will move into a new group that – hopefully – is more evenly matched. Most of our sub regional games will be played this way, **unless circumstances warrant a double elimination style instead.**

In order to complete the ROUND ROBIN style of competition – we will **start games every 50 minutes.** Although a bit tighter than some of our 60 minute game start competitions – we can stay on the mark and be done within our stated general schedule completion time of 5:00pm.

CONCESSIONS for the general public **WILL NOT** be available at Central Valley High School but may be at Sunnyside High School. Lunch will be available to athletes / partners / coaches / volunteers only!

AWARDS will be presented as results are processed and delivered to those preparing the ribbons and medals. Presentation of all awards will take place in the COMMONS area at each venue. Please make sure your team/individual awards are collected before you travel home!

A light **LUNCH** will only be available to our **athletes / partners / coaches / volunteers** and will be distributed in the COMMONS area at each venue between 11:30am – 1:00pm.

LOCKER ROOMS may be available but be prepared to have participants use restrooms if changing is necessary.

Bring a **TEAM MEDICAL KIT** you can carry with you. AMR will be providing “medical coverage”, but it may prove beneficial to have quick access to your own supplies in certain circumstances – those dry ice packs and band-aids always seem to come in handy!

As always - **SOWA SWAG** will be on sale at our merchandise table.

Competition specifics.... more

**Special
Olympics**
Washington



NO COACHES MEETING will take place on the day of competition – coaches must report to the COMMAND CENTER (follow directional signs) at arrival to pick up your packets. Carefully work through your packet and find the court you will be playing on. **SEE ONLINE COACHES MEETING INSTRUCTIONS ON LAST PAGE OF THIS MANUAL!**

FYI: Due to the extreme difficulty of being able to gather everyone together at the start of the competition and come to a “stop” – there will **not be an opening ceremony at either venue.**

Hard copies of **current AFP/UP forms are always required to be in the possession of coaches** during competition (and practices). Forms must be presented to medical staff and competition management on request.

Our basketball competitions are supported by **dozens of volunteers!** From lunch distribution to reffingand everything between – we appreciate them! Please encourage your participants to thank them and show them how with

Who advances to our regional competition at WSU on February 8th will be defined on all bracket sheets and overall schedule matrix on display on the day of competition.

FINAL REGISTRATION for those advancing to the **REGIONAL COMPETITION at WSU** will be due no later than **Friday, January 24th**. Required forms will be in your coaches packet and available on our EAST REGION WEBPAGE.



ONLINE BASKETBALL COACHES MEETING for both competitions:

It is the responsibility of the Head Coach to attend this online meeting. If a Head Coach cannot attend this scheduled meeting, he or she must arrange for a liaison from their team to attend in their place – preferably an assistant coach. Follow login credentials and instructions below:

Topic: COACHES MEETING - **Basketball**

Time: **Jan 13, 2020 06:30 PM** Pacific Time (US and Canada)

Join Zoom Meeting – two options

Computer entry: Click on link

<https://zoom.us/j/806187388?pwd=RHIUbTMrZDIxLzF3amVzMWVwQkJsQT09>

Cell Phone Entry:

1-720-707-2699

Login Number: 806187388#

