



# 2023 SPECIAL OLYMPICS SPRING SEASON

## May 13, 2023 - SWIMMING COMPETITION

### EAST REGION

Eastern Washington University - EWU Aquatic Center  
526 5th St., Cheney

Qualifying competition for SPRING STATE GAMES!

#### EAST REGION WEBPAGE

(season - sport specific - competition information)

Go to: [sowa.org](http://sowa.org) / click on "Sports" / Click on "East Region Sports"



### SCHEDULE:

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Opening Ceremony (Roos Field) .....	8:55am
Team Check In .....	9:15am
Warm up begins.....	10:00am
Competition Begins .....	11:00am
Lunch Distribution Begins .....	11:00am
Competition Ends .....	Approx. 5:00pm

### COMPETITION INFORMATION

(forms mentioned below available on East Region Webpage)

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- + **Lodging provided** for approved teams. Submit Lodging Request form no later than April 23rd.
  - + **Lunch provided** at competition. Submit Lunch Request form no later than April 23rd.
  - + Submit 1 on 1 "**Deck Access Pass**" form no later than April 17th (same deadline as FINAL REGISTRATION)
  - + A **TECHNICAL MANUAL** will be sent no later than May 5th - more competition details!
  - + An in-person mandatory **Coach Meeting** on Friday, May 12th @ 7:30pm @ Holiday Inn Express in Cheney.
  - + **NO OPENING CEREMONIES** on Friday, May 12th
  - + **TEAM packets** will be distributed at Coach Meeting on Friday, May 12th!
  - + **SWIMMING COACH meeting** on April 27th @ 6:00pm. Registration Required - link on ER Webpage!
  - + **Transportation needs:** Contact Program Manager Tim Toon at [ttoon@sowa.org](mailto:ttoon@sowa.org)