



2023 SPECIAL OLYMPICS SPRING SEASON

May 13, 2023 - SWIMMING COMPETITION

EAST REGION

Eastern Washington University - EWU Aquatic Center
526 5th St., Cheney

Qualifying competition for SPRING STATE GAMES!

EAST REGION WEBPAGE

(season - sport specific - competition information)

Go to: sowa.org / click on "Sports" / Click on "East Region Sports"



SCHEDULE:

Opening Ceremony (Roos Field)	8:55am
Team Check In	9:15am
Warm up begins.....	10:00am
Competition Begins	11:00am
Lunch Distribution Begins	11:00am
Competition Ends	Approx. 5:00pm

COMPETITION INFORMATION

(forms mentioned below available on East Region Webpage)

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- + **Lodging provided** for approved teams. Submit Lodging Request form no later than April 23rd.
 - + **Lunch provided** at competition. Submit Lunch Request form no later than April 23rd.
 - + Submit 1 on 1 "**Deck Access Pass**" form no later than April 17th (same deadline as FINAL REGISTRATION)
 - + A **TECHNICAL MANUAL** will be sent no later than May 5th - more competition details!
 - + An in-person **Coach Meeting** on Friday, May 12th @ 7:30pm @ Holiday Inn Express in Cheney.... or zoom for those who are not able to attend.
 - + **NO OPENING CEREMONIES** on Friday, May 12th
 - + **TEAM packets** will be distributed at Coach Meeting on Friday, May 12th... or the morning of the competition if arriving the "day of".
 - + **SWIMMING COACH meeting** on April 27th @ 6:00pm. Registration Required - link on ER Webpage!
 - + **Transportation needs:** Contact Program Manager Tim Toon at ttoon@sowa.org