



2023 East Regional (Northeast area) Bowling Competition



Sunday - October 29, 2023

VENUE LOCATION



Lilac Lanes

1112 E. Magnesium Rd.
Spokane, WA
- 32 lanes -

GENERAL INFORMATION

NO HOUSING or **LUNCHESES** are being provided.
Food for purchase will be available at venue.

NO food or drink is allowed in or around the bowling lane areas.

NO "Day of" COACHES meeting. Pick up **TEAM PACKET** at Information Table when you arrive.

Attend required zoom **BOWLING coach meeting** on **October 17th @ 6:00pm.**

Go to **EAST REGION**

WEBPAGE for required registration link!

Two games played using **HANDICAP** style of competition. **Example:** (based on 200)

Average for an athlete is 95, so handicap is 105. Another athlete's average is 130, so handicap is 70. Handicap is added to final score for each of the two games.

SOWA merchandise - including fall season t-shirts will be available for purchase.

FALL STATE GAMES: Nov 17-19 in Tri Cities.

GENERAL SCHEDULE

Morning Shift: Team assignments before competition

8:00 AM - Team Check-In Begins

8:30 AM - Lanes open for warm-up

8:45 AM - Competition begins - ALL EVENTS

Afternoon Shift: Team assignments before competition

12:30PM - Team Check-In Begins

1:00PM - Lanes open for warm-ups

1:15PM - Competition begins - ALL EVENTS

* **NOTE:** Afternoon shift completed at approx. 5:00pm

AWARDS and State Advancement



Presented as results are processed and confirmed near the bowling lane participant competed on.

NOTE: This is a FALL STATE GAMES qualifying event. **Gold medalists** will be placed in a random drawing for a state invitation.

Drawing will take place and teams notified of results on Monday after the competition.

Allocations (how many gold medalists can advance from this event) are pre-determined according to total participation numbers in competitions throughout the state.

BOWLING RULES

Need clarification on rules, modifications...or simply need to "brush up" on things? Go to our **EAST REGION Webpage** to find rules manual and our condensed "short rules".

VOLUNTEERS NEEDED

Send interested to:

<https://sowa2023bowling-neareas.my-trs.com/>

EAST REGION Contact Information

Program Manager: Tim Toon - ttoon@sowa.org (credential and transportation related)
Operations and Competition Manager: Grant Opland - gopland@sowa.org (event related)