



ATHLETICS SCORECARD

2022 Virtual Athletics Event



Special Olympics
Washington



Name: _____ Role: Athlete Partner

Phone: _____ Email: _____

Mailing Address: _____

INDIVIDUAL EVENTS

(Please select how you completed the event)

50 Meter	<input type="checkbox"/> Run	<input type="checkbox"/> Walk	<input type="checkbox"/> Roll	Time: ____:____:____ (mm:ss:ms)
100 Meter	<input type="checkbox"/> Run	<input type="checkbox"/> Walk	<input type="checkbox"/> Roll	Time: ____:____:____ (mm:ss:ms)
5 Kilometers	<input type="checkbox"/> Run	<input type="checkbox"/> Walk	<input type="checkbox"/> Roll	Time: ____:____:____ (mm:ss:ms)
25M Manual W/C Race				Time: ____:____:____ (mm:ss:ms)
25M W/C Obstacle Race	<input type="checkbox"/> Manual W/C	<input type="checkbox"/> Powered W/C		Time: ____:____:____ (mm:ss:ms)
Standing Long Jump	<input type="checkbox"/> Yards	<input type="checkbox"/> Meters		Time: ____:____:____ (mm:ss:ms)
Tennis Ball Throw	<input type="checkbox"/> Yards	<input type="checkbox"/> Meters		Time: ____:____:____ (mm:ss:ms)
W/C Tennis Ball Throw	<input type="checkbox"/> Yards	<input type="checkbox"/> Meters		Time: ____:____:____ (mm:ss:ms)

HOW TO VIDEOS

(You may also access this information on the Special Olympics Washington Return to Activities Webpage)

Click [HERE](#) for Track Events (50M, 100M, 5K)

Click [HERE](#) for Field Events (Tennis Ball Throw, Standing Long Jump)

EVENT OVERVIEWS

(You may also access this information on the Special Olympics Washington Return to Activities Webpage)

50 Meter [Overview](#)

100 Meter [Overview](#)

5 Kilometers [Overview](#)

25M Manual W/C Race [Overview](#)

25M W/C Obstacle Race [Overview](#)

Standing Long Jump [Overview](#)

Tennis Ball Throw [Overview](#)

W/C Tennis Ball Throw [Overview](#)