

## Sport Risk Levels

<b>Low Risk</b>	Sports that can be done with social distancing or individually with no sharing of equipment or the ability to clean the equipment between use by competitors.
<b>Moderate Risk</b>	Sports that involve close, sustained contact, but with protective equipment in place that may reduce the likelihood of respiratory particle transmission between participants OR intermittent close contact OR group sports OR sports that use equipment that can't be cleaned between participants.
<b>High Risk</b>	Sports that involve close, sustained contact between participants, lack of significant protective barriers, and high probability that respiratory particles will be transmitted between participants.

***Special Olympics Washington will only offer sports listed in the 'Low Risk' or green column for the 2021 Winter season. \* Unified Champion Schools teams should refer to their school/district protocol on which sports are allowed.***

<b>SPECIAL OLYMPICS SPORTS</b>		
<b>Low Risk</b>	<b>Moderate Risk</b>	<b>High Risk</b>
Athletics - Running Events	Athletics - Field Events / Relays	Judo
Swimming - Individual Events	Swimming - Relays	Competitive Cheer
Bocce - Singles	Bocce - Doubles / Team	Handball
Tennis - Singles	Tennis - Doubles	Basketball
Badminton - Singles	Badminton Doubles	Netball
Table Tennis - Singles	Table Tennis - Doubles	Flag Football
Cycling	Gymnastics (Artistic)	Dance Sport
Equestrian	Gymnastics (Rhythmic)	Floor Hockey
Golf	Bowling	Floorball
Open Water Swimming	Powerlifting	
Triathlon	Roller Skating	
Alpine Skiing	Cricket	
Cross Country Skiing	Baseball	
Figure Skating	Softball	
Snowboarding	Volleyball	
Snowshoeing	Sailing	
Speed Skating	Football - Soccer	
	Speed Skating Relays	