



**Volunteers Needed for Special Olympics Washington Track and Field and Soccer
Competitions in Western Washington on April 30 and May 1**

April 26, 2022 – SEATTLE – Special Olympics Washington (SpecialOlympicsWashington.org) is hosting two regional track and field competitions and a soccer tournament this weekend, April 30-May 1, at various locations in Western Washington and are still in need of over 150 volunteers each day.

On **Saturday, April 30**, athletes from the southwest region of the state (Pierce County south to the Oregon border) will compete in a variety of track and field events as well as a soccer tournament at Mt. Tahoma High School in Tacoma.

Then on **Sunday, May 1**, athletes from the northwest region (King County north to the Canadian border) will get their chance to shine at the Marysville Pilchuck High School track in Marysville.

Volunteering at this weekend's events is a great opportunity for families to volunteer together or for high schoolers to get their service hours in. The minimum age to volunteer is 11 (youth ages 11-13 must volunteer with an adult), and teens ages 14-17 may volunteer on their own but in select roles. This is also a perfect team-building opportunity for groups. No prior experience with either sport is required, and volunteers will be trained onsite. There are roles for all activity levels. Former soccer players and those with knowledge of the sport are needed to help officiate at Mt. Tahoma.

Anyone interested in volunteering is asked to pre-register. Go to SpecialOlympicsWashington.org, then click on the "Volunteers Needed!" button.

These competitions are qualifying events for the State Spring Games in June, which will be Special Olympics Washington's first state games since the start of the pandemic. More than 2,000 athletes, Unified partners, and coaches from across the state are expected to compete at the State Spring Games.

For more information on volunteering at these events or other upcoming events, visit our [website](#) or contact Susan Greenwood, Special Olympics Washington's program coordinator for volunteers, at sgreenwood@sowa.org.

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