



2020 Special Olympics Washington Polar Plunge Events Make Big Splash Across the State with Stops in Tri-Cities, Wenatchee, Tacoma, Seattle and Anacortes

SEATTLE - Special Olympics Washington is putting on one of 2020's coolest parties of the year: the 2020 Polar Plunge series. The event series will take place in five cities across the state and is one of Special Olympics Washington's largest fundraisers, benefitting more than 19,500 athletes across Washington.

Dates and locations for 2020 Special Olympics Washington Polar Plunge events are:

- Saturday, January 25: Tri-Cities Polar Plunge at Columbia Point Marina Park in Richland
- Saturday, February 8: Wenatchee Polar Plunge at Walla Walla Point Park
- Saturday, February 8: Tacoma Polar Plunge at Owen Beach
- Saturday: February 22: Seattle Polar Plunge at Alki Beach
- Saturday, March 14: Anacortes Dash & Splash Polar Plunge and 5K at Seafarers' Memorial Park

The annual Polar Plunge series is supported by Kaiser Permanente, the Official Health Partner of Special Olympics Washington; the Law Enforcement Torch Run for Special Olympics Washington and more than 2,500 law enforcement volunteers statewide.

For more information and to register, please visit PolarPlungeWA.com.

About Special Olympics Washington

Special Olympics Washington provides year-round sports training and athletic competition in a variety of Olympic-type sports for more than 19,500 children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in the sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community. For more information on Special Olympics Washington, please visit www.specialolympicswashington.org.

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