



2023 East Regional (Basin and North Central areas) Bowling Competition



Saturday - October 21, 2023

VENUE LOCATION



Lake Bowl

1165 N. Stratford Rd.
Moses Lake, WA
- 20 lanes -

GENERAL INFORMATION

NO HOUSING or **LUNCHESES** are being provided.
Food for purchase will be available at venue.

NO food or drink is allowed in or around the
bowling lane areas.

NO "Day of" COACHES meeting. Pick up **TEAM
PACKET** at Information Table when you arrive.

Attend required zoom **BOWLING coach meeting**
on **October 9th @ 6:00pm.**

Go to **EAST REGION**

WEBPAGE for required registration link!

Two games played using **HANDICAP** style of
competition. **Example:** (based on 200)

Average for an athlete is 95, so handicap is 105.
Another athlete's average is 130, so handicap is
70. Handicap is added to final score for each of
the two games.

SOWA merchandise - including fall season t-
shirts will be available for purchase.

FALL STATE GAMES: Nov 17-19 in Tri Cities.

GENERAL SCHEDULE

8:30 AM Team Check-In Begins

9:00 AM Lanes open for warm up

9:15 AM Singles Competition (including ramp)

12:15PM Lanes open for warm up

12:30 PM Doubles and Team Competition

Approx 4:00PM Competition Completed

AWARDS and State Advancement



Presented as results are processed and confirmed
near the bowling lane participant competed on.

NOTE: This is a FALL STATE GAMES qualifying
event. **Gold medalists** will be placed in a random
drawing for a state invitation.

Drawing will take place and teams notified of
results on Monday after the competition.

Allocations (how many gold medalists can
advance from this event) are
pre-determined according to total participation
numbers in competitions throughout the state.

BOWLING RULES

Need clarification on rules, modifications...or
simply need to "brush up" on things? Go to our
EAST REGION Webpage to find rules manual and
our condensed "short rules".

VOLUNTEERS NEEDED

Send interested to:

<https://sowa2023bowling-basinncentralareas.my-trs.com/>

EAST REGION Contact Information

Program Manager: Tim Toon - ttoon@sowa.org (credential and transportation related)
Operations and Competition Manager: Grant Opland - gopland@sowa.org (event related)