



2022 East Regional Flag Football Competition



 Sunday, October 16, 2022

VENUE LOCATION



BADGER MOUNTAIN PARK

3500 Keene Rd.
Richland, WA.

COVID PROTOCOL

Please do not attend if showing symptoms that could suggest COVID. Basic precautions will be applied during competition - including, but limited to sanitizing of equipment.

GENERAL INFORMATION

* **LUNCHES** provided. Submit "Lunch Request" form no later than October 4.

* **HOUSING** provided (Red Lion Pasco) only for approved teams. Submit "Housing Request" form no later than October 4.

* **NO COACHES** meeting at the beginning of competition - but **see following (+) meeting info**. Pick up TEAM PACKET at Information Table when you arrive. Submit Scratch Sheets at Info Table ASAP.

(+) Attend required zoom FLAG FOOTBALL coach meeting on October 6th @ 6:00pm. Go to **EAST REGION WEBPAGE** for required registration link!

* **Team Competition** will be double elimination. Brackets will be made available prior to comp.

* **SOWA merchandise** - including fall season t-shirts will be available for purchase.

GENERAL SCHEDULE

9:15 AM Team Check-In Begins

10:00 AM Team Competition

10:30 AM Individual Skills Competition

5:00 PM Approximate conclusion



AWARDS



Presented at the venue as results are processed and confirmed

NOTE: This is a FALL STATE GAMES qualifying event. State invitations are based on ***Allocations** and determined by this event's results. Invitations will be publicly announced at conclusion of the competition.

* **Allocations** (how many can advance to state from this event) are pre-determined according to total participation numbers in competitions throughout the state.

FLAG FOOTBALL RULES

Do you need clarification on rules and modifications...or simply need to "brush up" on things? Go to our **EAST REGION Webpage** to find rules manual and our condensed "short rules".

VOLUNTEERS NEEDED

Send interested to:

<https://sowa2022eastflagfootball.my-trs.com/>

EAST REGION Contact Information

Program Manager: Tim Toon - ttoon@sowa.org (transportation related)
Operations and Competition Manager: Grant Opland - gopland@sowa.org (event related)