



*2016 Fall Season*

# **SPECIAL OLYMPICS WASHINGTON**

East Region Fall Events and Programs

*Special Olympics*







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## 2016 East Region Bowling Competition Fact Sheets:

**Date:** Sunday-July 31<sup>st</sup>, 2016

**Location:** Esmeralda Golf Course- 3933 E Courtland Ave, Spokane, WA 99217

**Take a tour of the golf course!**

<http://esmeraldagolf.org/tour.php>

### Directions:

**From North Spokane:** Take US-395 south. Turn left onto E Magnesium Rd. Continue onto N Freya Street. At the traffic circle, continue straight to stay on N Freya St. Turn left onto E Courtland Avenue. The golf course will be on the left.

**From Yakima/Tri-Cities/Wenatchee:** Take I-90 East. Take exit 281 toward US-2E/US-395 N/Newport/Colville. Merge onto US-2 E/US-395 N/S Division Street. Continue to follow US-2/US-395 N. Turn right onto E Mission Ave. Turn left onto E Upriver Dr. Turn left onto E Upriver Dr. Turn left onto N Freya Street. Turn right onto E Courtland. The golf course will be on the left.

### Logistics:

Awards will be rolling awards, we will award as each division comes off of the course. Individual Skills will be awarded after everyone has completed the competition.

Prepare ahead of time for the weather. Bring sunscreen and a water bottle if it is supposed to be hot! We will have refill stations throughout the course. Golf carts will be available for rent. Souvenirs will be available for purchase. You may turn in your fundraising packets at the souvenir table. That is also where you may pick-up a free T-shirt for those who have raised \$100.00 or more.

### Day Schedule

2:00 pm – 2:45 pm	Warm up and Team Registration	Esmeralda Golf Course, Spokane WA
3:00 pm -- 6:00 pm	Golf Tournament	Esmeralda Golf Course, Spokane WA
3:15 pm – 5:00 pm	Individual Skills Contest	Esmeralda Golf Course, Spokane WA
4:30 pm – 6:00 pm	Awards	Esmeralda Golf Course, Spokane WA



# 2016 East Region Softball Competition Fact Sheet

**Date:** Saturday-July 30<sup>th</sup>, 2016

**Location:** Pasco 6 complex softball fields 6520 Home Run Rd.  
Pasco, WA 99301

## Take a look at the venue!

<https://www.google.com/maps/search/pasco+6+complex,+pasco+wa/@46.2666204,-119.1774549,1114m/data=!3m1!1e3>



## Directions:

**From Spokane:** Head West on I-90. At exit 220, take ramp right for US-395 South toward Pasco. Take ramp right for I-82 West toward Richland/Pendleton. From I-182 take Road 68 exit, go right out Rodeo, right onto Convention Place, left on Homerun Road

**From Yakima:** Head East on I-82 toward Richland. At exit 102 take ramp right for I-182 East toward Richland/Pasco. From I-182 take Road 68 exit, go right out Rodeo, right onto Convention Place, left on Homerun Road.

**From Wenatchee:** Take WA-281 North. Take ramp right for I-90 West toward Seattle. At exit 137, take ramp right for WA-26 East toward Othello/Richland. Keep straight onto SR-26. Turn right onto SR-243. Bear right onto SR-24. Keep straight onto SR-240. Turn right to stay on SR-240/Bybass Hwy. Take ramp for I-182 East. From I-182 take Road 68 exit, go right out Rodeo, right onto Convention Place, left on Homerun Road

**From Moses Lake:** Take SR-17 toward Pasco. Take ramp right and follow signs for US-395 South. Take ramp right for I-82 West toward Richland/Pendleton. From I-182 take Road 68 exit, go right out Rodeo, right onto Convention Place, left on Homerun Road.

## Logistics:

Awards will be rolling awards, we will award as each team finishes. Individual Skills will be awarded after everyone has completed the competition.

Prepare ahead of time for the weather. Bring sunscreen, rain gear, baseball hat, cooler, and water! We will have refill stations at the fields. Souvenirs will be available for purchase. You may turn in your fundraising packets at the souvenir table. That is also where you may pick-up a free T-shirt for those who have raised \$100.00 or more.

## Day Schedule

8:30 am – 10:30 am	Team Registration	Rd 68 Softball fields, Pasco WA,
9:00 am -- 5:30 pm	Softball Tournament	Rd 68 Softball fields, Pasco WA,
11:30 am – 1:00 pm	Lunch	Rd 68 Softball fields, Pasco WA,
12:30 pm – 3:30 pm	Individual Skills Contest	Rd 68 Softball fields, Pasco WA,



## Coaches Code of Conduct

Special Olympics Washington is a non-profit organization that sponsors high quality physical fitness training and sports competitions for persons with intellectual disabilities.

The primary purpose of this Code of Conduct is to establish a high standard of behavior for coaches to model as well as to ensure the safety and well-being of all athletes involved in training and competition.

Coaches are expected to meet the following standards while participating in Special Olympics, whether in transit, during practice, at a competition or in any associated social activity.

1. Abide by the rules and policies of Special Olympics Washington.
2. Exhibit good sportsmanship and act as role models for Special Olympics Washington.
3. Refrain from and prohibit physical and verbal abuse, profanity and other inappropriate behavior.
4. Refrain from and prohibit the use of alcohol, illegal drugs, and controlled substances. (No smoking/tobacco use in restricted areas.)
5. Guarantee adequate supervision of athletes.
6. Refrain from illegal activities (felonies and misdemeanors), including the possession of harmful weapons.
7. Within 24 hours, notify the Senior Region Manager of any offense in Category "A" of the Athlete Code of Conduct. If a coach does not meet these standards, Special Olympics Washington:
  - Will notify the coach of the undesirable behavior; and
  - May suspend the coach indefinitely; or
  - May expel the coach.

## Athlete Code of Conduct

Special Olympics Washington prides itself in sponsoring high quality physical fitness training and sports competitions. The primary purpose of this code of conduct is to establish a high standard of athlete behavior, which will ensure the safety, and well-being of all athletes involved in training and competition. All athletes are expected to abide by the code of conduct and standards of behavior as established by Special Olympics Washington.

### **Athlete Standards of Behavior**

While participating in Special Olympics—whether in transit, during practice, at a competition, or in any associated social activity—athletes are expected to exhibit good sportsmanship and to comply with the following standards of behavior:

*Refrain from:*

#### Category A

- Use of alcohol, illegal drugs or any controlled substance.
- Unwanted physical or verbal sexual overtures.
- Physical abuse or any unwelcome physical contact.
- Violent or disruptive behavior.
- Felonies and misdemeanors (or any other illegal or socially unacceptable behavior which seriously disrupts or impedes participation of an athlete or others) and the possession of harmful weapons.



### Category B

- Profanity or verbal abuse.
- Tobacco use in restricted areas.
- Frequent unexcused absences.
- Poor personal hygiene.

## **Athlete Disciplinary Measures**

In *Category A*, Special Olympics Washington (defined as State staff) reserves the right to immediately suspend any athlete, pending an investigation of the offense.

In *Category A*, the Staff member will exercise the following progressive disciplinary measures.

1. Verbal warning given to the athlete.
2. Personal meeting with the athlete.
  - a. A parent/guardian or caseworker will accompany athletes under 18. The meeting will be documented in writing with copies distributed to the athlete, Senior Region Manager, State Office, coach's file, and parent/guardian or caseworker.
3. Individual disciplinary action taken.

The action may include suspension or expulsion. In cases of suspension or expulsion, a review may be conducted at the end of the suspension period. In cases of very serious or repeated incidents, permanent expulsion may be required.

In *Category B*, the following progressive disciplinary measures are to be exercised by the coach:

1. Verbal warning given the athlete.
2. Written warning issued to the athlete, with copy to Region Sports & Training Manager.
3. Suspension from practices or competition during the specific sport season.
4. Further action must be referred to the Senior Region Manager or State staff.

The athlete has the right to appeal, with written plan in place, to improve behavior.

## Volunteer Code of Conduct

As a Special Olympics volunteer, I agree that while serving as a volunteer, I will:

1. Provide for the general welfare, health and safety of all Special Olympics athletes and volunteers.
2. Dress and act in an appropriate manner at all times.
3. Follow the established rules and guidelines of Special Olympics and/or any agency involved with Special Olympics.
4. Report any emergencies to the appropriate authorities after first taking immediate action to ensure the health and safety of the participants.
5. Abstain from the consumption or use of all alcohol, tobacco products and illegal substances while involved with any Special Olympics event, competition or training school.
6. Not engage in any inappropriate contact or relationship with athletes, volunteers or other participants of Special Olympics