



# Athlete Self-Assessment COVID-19



**ONLY COUNTIES IN PHASE 2 OR HIGHER WILL CAN APPLY FOR IN-PERSON PARTICIPATION.**

IS YOUR COUNTY IN PHASE 2 OR HIGHER?

NO

YES

PROCEED TO THE NEXT QUESTIONS

DO YOU HAVE ANY OF THESE HIGH-RISK CONDITIONS?

- 65 YEARS OR OLDER
- PEOPLE WHO LIVE IN NURSING HOMES OR LONG TERM CARE FACILITIES
- LUNG, HEART OR LIVER DISEASE
- MODERATE TO SEVERE ASTHMA

- SEVERE OBESITY
- DIABETES
- CHRONIC KIDNEY DISEASE UNDERGOING DIALYSIS
- HEMOGLOBIN DISORDER
- IMMUNOCOMPROMISED - SEE DETAILS
- SERIOUS HEART CONDITIONS
- NONE



**IF YOU ANSWERED "YES" TO HAVING ANY OF THESE CONDITIONS, CONTINUE TO STAY HOME.**

PROCEED TO THE NEXT QUESTIONS

HAVE YOU BEEN NEAR (WITHIN 6 FEET) A PERSON WHO TESTED POSITIVE FOR COVID-19 IN THE PAST 14 DAYS?



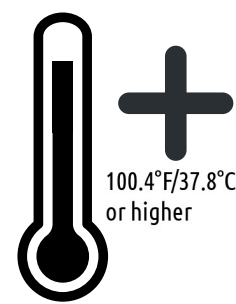
**DO NOT PARTICIPATE IN ANY ACTIVITY.**

YES

NO

PROCEED TO THE NEXT QUESTIONS

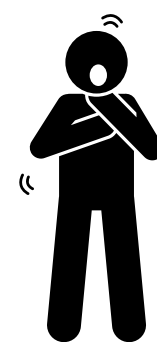
**IF YOU ARE EXPERIENCING ANY OF THESE SYMPTOMS OR HAVE BEEN IN CONTACT WITH SOMEONE WHO HAS TESTED POSITIVE FOR COVID-19, CONTACT YOUR HEALTHCARE PROVIDER IMMEDIATELY AND CONSIDER [GETTING TESTED](#).**



FEVER



COUGH



SHORTNESS OF BREATH

NONE

PROCEED TO THE NEXT QUESTIONS



**IF YOU ANSWERED "YES" TO HAVING ANY OF THESE SYMPTOMS DO NOT PARTICIPATE IN ANY ACTIVITY.**

IF YOU ARE EXPERIENCING ANY OF THESE SYMPTOMS, CONTINUE TO MONITOR YOUR HEALTH & CONTACT YOUR HEALTHCARE PROVIDER IMMEDIATELY IF YOUR SYMPTOMS WORSEN. CONSIDER GETTING TESTED.



SORE THROAT



HEADACHE



CONGESTION



MUSCLE & JOINT PAIN



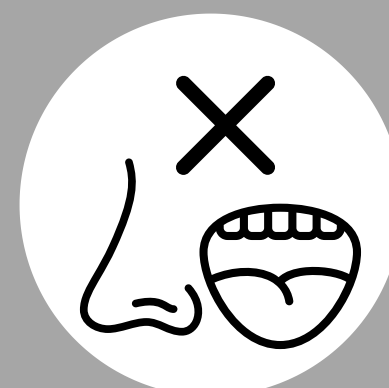
CHILLS



NAUSEA OR VOMITING



DIARRHEA



LOSS OF SENSE OF TASTE OR SMELL



**IF YOU ANSWERED "YES" TO HAVING ANY OF THESE SYMPTOMS, DO NOT PARTICIPATE IN ANY ACTIVITY.**

NO

YOU CAN PARTICIPATE!

SOURCE: CDC (CDC.GOV)