

Special Olympics Washington

School & Community Programs

Special Olympics Washington (SOWA) has a large variety of programming within schools and the community that are aimed at changing the lives of people with intellectual disabilities.

Our ultimate goal is to help persons with intellectual disabilities participate as productive and respected members of society at large, by offering them a fair opportunity to develop and demonstrate their skills and talents through sports training and competition, and by increasing the public's awareness of their capabilities and needs.

Programs and Initiatives are offered within the:

- **School:** Inclusive programs (k-12 and college) that are designed to activate youth, engage educators, and promote school communities of acceptance, respect, and inclusion through schools based Unified Sports and inclusive activities.
- **Community:** Programs offered outside of schools where people of all abilities and ages come together for a variety of sport practices & competitions, fundraisers, events & activities, leadership, health and much more!

Students who participate in the Unified Champion Schools programs are encouraged to participate in community programs as well. Why? See below!

- Provides additional opportunities for students to train, compete, & volunteer in a variety of sports and activities.
- Students that participate in both school and community programs continue to stay involved in Special Olympics after they graduate.
- The connectedness between community and school programs provides families with an easy transition and knowledge of opportunities that are local.
- Community programs can help support school programming and vice versa.
- We are all part of the movement!

About Your Area:

- 0 Community/Independent Programs
- 0 School Programs
- Unified and Traditional Sports
- 0 Sports Offered:
 - o Winter Season:
Basketball & Skiing
 - o Spring Season:
Soccer & Swimming
 - o Summer Season:
Softball & Golf
 - o Falls Season:
Bowling
- 0 Athletes
- 0 Unified Partners
- 0 Young Athlete Programs

Like to get involved? Contact:

Area Director Name

Area Director Email

Area Director Phone Number