

Powerlifting

COMPETITION OVERVIEW



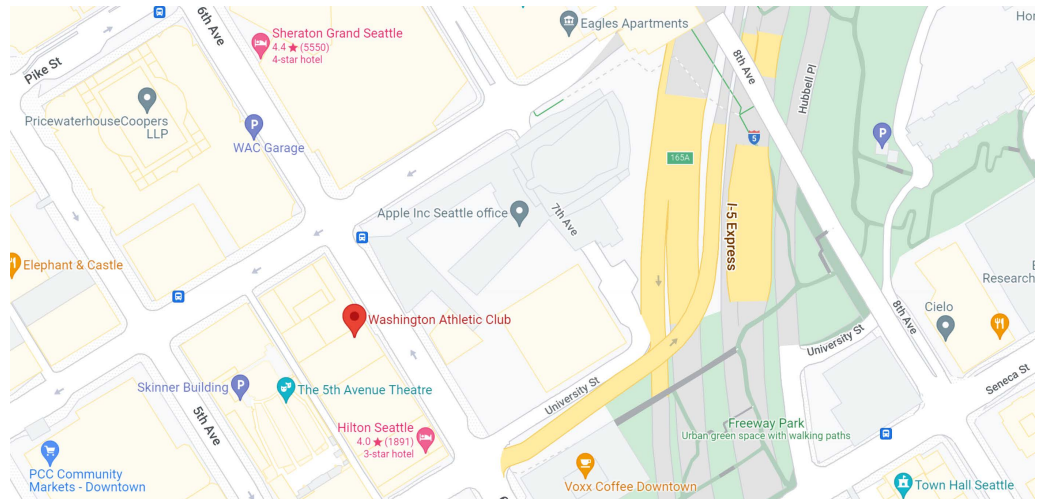
Saturday
May 14th
2022



Washington
Athletic Club



1325 6th Ave,
Seattle, WA 98101



GENERAL SCHEDULE

Team Check-in: 8:00 AM

Coaches Meeting: 8:30 AM

Powerlifting Competition: 9 AM - 3 PM

Lunch: 11:30 AM - 1:30 PM



*Awards will be
presented at the end
of the competition*



*More information
will be provided as
we get closer to
the competition*

