# Flag Football

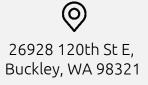
### **COMPETITION OVERVIEW**













### **GENERAL SCHEDULE**

Team Check-in: 8:00 AM

Coaches Meeting: 8:30 AM

Flag Football Competition 9:30 AM - 4 PM

Individual Skills Competition: 11:30 AM - 1PM



Awards will be presented throughout the day



More information will be provided as we get closer to the competition.



# 2022 Northwest & Southwest **Regional Flag Football Competition**





Sunday October 16, 2022

### FIELD LOCATION



White River High School 26928 120th St E, Buckley, WA 98321

### PRIOR TO EVENT

Prepare for fall weather

Attend Coaches Meeting

Be sure to stop by and purchase any SOWA Merchandise!

### SCHEDULE OF EVENTS

8:00 AM Check - in Begins

8:30 AM Coaches Meeting on Field 1

8:30 AM Volunteer Meeting Activities Tent

8:30 AM Officials Meeting

**8:30 AM** Merchandise is Open for Business

9:30 AM First Games Kick Off

**11:00AM** Individual Skills Coaches Meeting

11:30AM Individual Skills Competition

12 PM - 1 PM Lunch Pick-Up

1:00 PM Individual Skills Awards

**4:30 PM** Conclusion of Competition (Tentative)

## **2022 Northwest & Southwest** Regional Flag Football Competition





Sunday October 16, 2022

#### **Event Staff**

SOWA staff will be located at the Results Table by the ticket booth by the fields.

#### COMPETITION

Competition is between 9:00 am - 4:30pm.

This competition will be a double elimination style bracketed competition.

If this changes either Dori or Nicole will inform the head coach.

### FIRST AID

Please report all injuries and fill out an accident/incident form.

Please remember to bring all Athlete Registration Form's with you.

### **EVENT** INFORMATION

This will be a qualifying competition for the 2022 Fall State Games in the Tri-Cities on November 18-20 2022.

Keep in mind that this is to be a fun and competitive event. Sportsmanship is expected from all coaches, parents and participants.

### **AWARDS**

Will be presented throughout the day as divisions finish.

Individual Skills awards will be at 1pm

