



2026 East Sub Regional

BASKETBALL

Competition FACT SHEET



Areas: Walla Walla / Tri Cities / Valley / Basin / North Central



Sunday, January 18, 2026

COMPETITION INFORMATION

VENUE LOCATION

HUB: Sunnyside High School

Harrison MS / Pioneer Elementary

NO "Day of" COACHES meeting

Pick up TEAM PACKET at Information Table when you arrive.

ATTEND required zoom

BASKETBALL COACH PREP MEETING:

January 8 @ 5:30pm.

Go to the EAST REGION WEBPAGE and scroll down to find the link - registration required!

COACHING HELPS

Need clarification on rules / modifications / game management procedures / assessment tools?

Go to our **EAST REGION WEBPAGE** for tools and manuals.

A **LIGHT SNACK** will be provided to those on delegation roster. A concession stand at Sunnyside High School will be open and there are several fast food restaurants near the venues.

SOWA merchandise will NOT BE available at sub regional but will be available at the REGIONAL on February 1st.

VOLUNTEERS NEEDED

Send interested to EAST REGION WEBPAGE:

<https://specialolympicswashington.org/east-region-sports/>

COMPETITION SCHEDULE

Team Check-In starts: 12:15pm

Competition Begins: 1:00pm

5v5 and Individual Skills

(Team Skills Competition: Approx. 3:00pm)

Competition Ends: Approx. 5:30pm

SEEDING COMPETITION

This is a **seeding competition** where the "strength of play" and skills scores will be used to build brackets and divisions for the regional.

Participation is required to advance to the regional competition on Feb.1st.

5v5 Team Round Robin - strength of play
Individual and Team Skills - BSAT scoring

NO AWARDS

Awards **will be presented** at the regional competition on February 1st.

STATE ADVANCEMENT:

to the STATE WINTER GAMES will be determined at the regional competition on **February 1st.**

WINTER STATE GAMES

February 27 - March 1 in Wenatchee

TEAM SCOREBOOK:

each team is required to provide a person to keep the scorebook during the game.

EAST REGION Contacts:

Program Manager: Tim Toon - ttoon@sowa.org (transportation and registration related)

Operations and Competition Manager: Grant Opland - gopland@sowa.org (competition related)

EAST REGION Information:

ER Webpage: <https://specialolympicswashington.org/east-region-sports/>