



2025 SPECIAL OLYMPICS SPRING SEASON

May 10, 2025 - ATHLETIC COMPETITION

EAST REGION

Eastern Washington University - Roos Field

526 5th St., Cheney

Qualifying competition for **SPRING STATE GAMES!**

EAST REGION (ER) WEBPAGE

(season - sport specific - competition information)

Go to: sowa.org / click on "Sports" / Click on "East Region Sports"



"Day of" SCHEDULE

Team Check In Begins.....	8:45am
Opening Ceremony (Roos Field)	9:45am
Competition Begins	10:00am
Lunch Distribution Begins	11:00am
Competition Ends	Approx. 5:00pm

COMPETITION INFORMATION

HOSPITALITY BOX will be provided to participants. Box will include light snacks such as **power bar, chips, fruit, and drink.**

(More detailed information on how teams can add food to each HOSPITALITY BOX can be found on ER webpage)

Competition Preparation COACH meeting on May 1st @ 5:30pm. Registration Required.
(find link on ER webpage)

TEAM PACKETS available for early pick up at **Holiday Inn Express in Cheney on May 9th between 7:00pm - 9:00pm.**
(also at "check in" on May 10th at venue)

TRANSPORTATION NEEDS: Contact ER Program Manager Tim Toon at ttoon@sowa.org

Due to a raised runway - **RUNNING LONG JUMP will not be offered at our competition.** An athlete advancing to state from any of the other events can compete in RUNNING LONG JUMP at state **if** the event was included in the FINAL REGISTRATION. **FYI:** this athlete will only be competing in no more than three events at regionals.

NOTE: STANDING LONG JUMP will be offered at regional.

Virtual (zoom) / In person (Holiday Inn Express Cheney) "DAY BEFORE" ATHLETIC COACH meeting on May 9th @ 8:30pm. Registration Required. (find link on ER webpage)

MERCANDISE will be available at the **ROOS FIELD** front entrance.

HEALTHY ATHELETES will be hosting an **INFORMATION TABLE** at **ROOS FIELD.**