



2025 Northwest Regional Soccer Competition

 **Saturday, May 10, 2025**

FACILITY LOCATION



Ingraham High School

1819 N 135th St.
Seattle, WA 98133

PRIOR TO EVENT

*Attend the Pre--Season Coaches
Meeting April 1 @5:30pm*

*Pick up coaches packet at the
check in table at the field entrance*

SCHEDULE OF EVENTS

8:00AM Check-In Begins

8:15AM Fields 2-6 Open for Warm-ups

8:30AM Coaches Meeting on Field 4

8:45AM Merchandise Open (Includes Unified)

9:00AM Competition Begins (Fields 1-9)

11:00AM Individual Skills Competition (Field 5)

11:30AM Hospitality Pick up Begins

1:00PM Awards for Individual Skills Competition

3:00PM Awards (as divisions finish)

4:00PM Merchandise Closes

5:00PM Conclusion of Competition



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EVENT STAFF

SOWA staff will be located at the field, if you need to reach one ; they have a radio

COMPETITION

*Competitions will be between 9am - 5pm.
Individual Skills Competition will be at 11am.*

*Please be checking the schedule posted at the
Command Center.*

*This event will be combine with the Unified
Champion Schools District 1/2 event.*

FIRST AID

*Emergency Management Group (EMG) will be on
site to conduct any needs for the event.*

*Mobile EOC# 253-666-8340
Please report all injuries and fill out an
accident/incident form.*

*Please remember to bring all Athlete
Registration Form's with you.*

EVENT INFORMATION

*Merchandise will be on site and available for
purchase! We also have an online store if you
don't find what you like on site.*

<https://sowawear.itemorder.com/shop/home/>

*Please be prepared for all weather types.
Bringing your own tents is allowed.*

AWARDS

*Will be presenting awards throughout the day as
divisions finish. Individual Skills awards will begin
at 1pm*

*Keep in mind that this is to be a fun and
competitive event. Sportsmanship is expected
from all coaches, parents
and participants.*