



2024 East Regional (ALL areas) Bowling Regional Competition

 Sunday - November 3, 2024

VENUE LOCATION



Spare Time Lanes

711 W. Vineyard Dr.
Kennewick, WA.
- 24 lanes -

GENERAL INFORMATION

NO HOUSING or **LUNCHES** are being provided. Food for purchase will be available at venue.

NO food or drink is allowed in or around the bowling lane areas.

NO "Day of" coach meeting. Pick up **TEAM PACKET** at Information Table when you arrive.

COACH: Required **BOWLING coach meeting** on **October 25th @ 5:30pm.**
Go to **EAST REGION WEBPAGE** for registration link!

COMPETITION STYLE

Two games played using **HANDICAP** style of competition. **Example:** (based on 200)

Average for an athlete is 95, so handicap is 105.
Another athlete's average is 130, so handicap is 70.
Handicap is added to final score for each of the two games.

SOWA merchandise will be available for purchase.

SCHEDULE

10:00 AM Team Check-In Begins
10:15 AM Lanes open for warm up
10:30 AM Singles Competition (including ramp)
1:00 PM Lanes open for warm up
1:15 PM TEAMS - Double and Quad Competition
4:15 PM (approximate) Competition Completed

AWARDS and ADVANCEMENT



AWARDS are presented near the bowling lane participant is competing on as **division results** are processed and confirmed.

ADVANCEMENT to USA GAMES in 2026:
Gold medalists from this competition will be placed in a random draw for possible advancement. *

* **NOTE:** Selected participants must go through an interview process to determine final approval to represent Special Olympics Washington at the 2026 USA GAMES.

SOWA is sending **4 bowlers** to represent Washington State at the 2026 USA GAMES.

BOWLING RULES

Need clarification on rules, modifications or simply need to "brush up" on things? Go to our **EAST REGION** Webpage to find rules manual and our condensed "short rules".

VOLUNTEERS NEEDED

Register at:

<https://specialolympicswashington.org/event-volunteers/>

EAST REGION Contact Information

Program Manager: Tim Toon - ttoon@sowa.org (credential and transportation related)
Competition Manager: Grant Opland - gopland@sowa.org (competition related)
East Region Webpage: <https://specialolympicswashington.org/east-region-sports/>