

# 2024 Northwest Regional Bowling Competition



 Saturday - October 12, 2024

## VENUE LOCATION



### Kenmore Lanes

7638 NE Bothell Way.  
Kenmore, WA  
- 50 lanes -

## GENERAL INFORMATION

**NO LUNCHES** are being provided. Food for purchase will be available at venue.

**NO** food or drink is allowed in or around the bowling lane areas.

**NO "Day of" COACHES meeting.** Pick up TEAM PACKET at Information Table when you arrive.

Attend required zoom **BOWLING coach meeting** on **October 8th @ 5:00pm.**

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**Two games** played using **HANDICAP** style of competition. **Example:** (based on 200)

Average for an athlete is 95, so handicap is 105. Another athlete's average is 130, so handicap is 70. Handicap is added to final score for each of the two games.

**SOWA merchandise** - including t-shirts will be available for purchase.

**FALL STATE GAMES:** Nov 1-3 in Tri Cities.

## GENERAL SCHEDULE

**10:00 AM** Team Check-In Begins  
**10:30 AM** Volunteer Training  
**10:50 AM** Lanes open for warm up  
**11:00 AM** Shift One Competition  
**1:20 PM** Lanes open for warm up  
**1:30 PM** Shift Two Competition  
**3:50 PM** Lanes open for warm up  
**4:00 PM** Shift Three Competition  
**Approx 7:00PM** Conclusion of Competition

## AWARDS and State Advancement



Presented as results are processed and confirmed near the bowling lane participant competed on.

**NOTE:** This is a State qualifying event. **Gold medalists** will be advancing to the 2024 Fall State Games in the Tri-Cities. State Bowlers will be bowling 3 games.

## BOWLING RULES

Need clarification on rules, modifications...or simply need to "brush up" on things? Go to our **NORTHWEST REGION Webpage** to find rules manual and our condensed "short rules".

## VOLUNTEERS NEEDED

Send interested to:

<https://specialolympicswashington.org/event-volunteers/>

## NORTHWEST REGION Contact Information

**Administrative Coordinator:** Phaedra Hansen phansen@sowa.org (Registration/ Credentials)  
**Program Manager:** Chad VanderPoel- cvanderpoel@sowa.org (Transportation/ Budget/ Program Support)  
**Operations and Competition Manager:** Nicole Becker - nbecker@sowa.org (Competition/Sport Related)  
**Unified Champion Schools Manager NW:** Emily Carter - ecarter@sowa.org (Unified Schools)