

Volleyball Individual Rating Form

Special
Olympics
Washington



Name: _____

Athlete Partner

Jersey Number: _____

Coach's Name: _____

Team Name: _____

Delegation: _____

Evaluator's Name: _____

Date of Eval: ____/____/____

Individual Assessment for Team Play

A. Serving

(one choice- the most representative of the athlete's skill level)

- Difficulty tossing/contacting ball **(1)**
- Sometimes serves underhand legally over the net **(2)**
- Legally serves underhand consistently and effectively **(3)**
- Legally serves both unhand/overhand over the net **(4)**
- Consistently serves overhand over the net **(5)**
- Consistently serves into designated areas of the court **(6)**
- Often serves overhand over the net, such that the opposing team cannot return **(7)**
 - o *NOTE: The Evaluator must consider skill level of opposing team when considering Value (7)*

SCORE:

B. Passing/Setting

(one choice- the most representative of the athlete's skill level)

- Difficulty completing a forearm pass to a teammate **(1)**
- Sometimes completes a pass to a teammate **(2)**
- Only completes passes that come directly to him/her **(3)**
- Usually completes passes received in general area of his/her position **(4)**
- Chooses best type of pass (overhead/set/forearm) for the situation **(5)**
- Completes passes accurately to the setter to run an offense **(6)**
- Controls the offense w/ability to complete an advanced pass, overhead set, and forearm pass **(7)**

SCORE:

C. Blocking

(one choice- the most representative of the athlete's skill level)

- Does not block at all, regardless of the situation **(1)**
- Makes little to no effort to block, and often is out of position for the block **(2)**
- Blocks only when the ball is hit directly in front of him/her **(3)**
- Goes after attacks that are within 1-2 steps **(4)**
- Aggressively attempts blocks 3-4 steps away, makes many successful blocks **(5)**
- Exceptional ability to stop opponent's attacks all along the net with good body control **(6)**

SCORE:

D. Attacking/Hitting*(one choice- the most representative of the athlete's skill level)*

- Does not demonstrate knowledge of basic mechanics of front row play **(1)**
- Periodically makes an uncontested attack over the net **(2)**
- Hits the ball over the net when it comes directly to him/her **(3)**
- Hits the ball over the net when set to him/her, occasionally moving to a set 1-2 steps away **(4)**
- Consistently hits the ball over the net into the opposite court **(5)**
- Consistently hits the ball over the net such that the opposing team cannot return **(6)**
 - o *NOTE: The Evaluator must consider skill level of opposing team when considering Value (6)*
- Demonstrates ability to jump and attack the ball downward **(7)**

SCORE: **E. Communication***(one choice- the most representative of the athlete's skill level)*

- Does not communicate with teammates or coaches/does not make any motion towards the ball **(1)**
- Does not communicate with teammates or coaches; often runs into other players and takes balls called for by teammates **(2)**
- Responds to communications from teammates and coaches by changing the way s/he plays on the court **(3)**
- Calls for and aggressively pursues balls near his/her position and backs away from teammates who call for a ball **(4)**
- Encourages teammates to communicate/helps guide teammates on the court **(5)**
- Strongly communicates with teammates and coaches during play **(6)**

SCORE: **F. Game Awareness***(one choice- the most representative of the athlete's skill level)*

- Sometimes confused on offense and defense; does not transition; stays in one place **(1)**
- Can play a fixed position as instructed by coach; may go after an occasional loose ball **(2)**
- Limited understanding of the game; performs basic skills and will run occasional plays if coach prompts **(3)**
- Moderate understanding of the game; some offensive plays and solid defensive skills **(4)**
- Advanced understanding of the game and mastery of volleyball fundamentals **(5)**

SCORE: **G. Movement***(one choice- the most representative of the athlete's skill level)*

- Maintains a stationary position; does not move to or away from the ball as necessary **(1)**
- Moves only 1-2 steps toward the ball **(2)**
- Moves toward the ball, but reaction time is slow and has intermittent transition from offense to defense **(3)**
- Movement permits adequate court coverage **(4)**
- Good court coverage, reasonably aggressive; good transition from offense to defense **(5)**
- Exceptional court coverage, aggressive anticipation; great transition from offense to defense **(6)**

SCORE: **The maximum number of points able to achieve is (44)****OVERALL RATING:**