



2024 SPECIAL OLYMPICS SPRING SEASON

May 11, 2024 - ATHLETIC COMPETITION

EAST REGION

Eastern Washington University - Roos Field
526 5th St., Cheney

Qualifying competition for **SPRING STATE GAMES!**

EAST REGION (ER) WEBPAGE

(season - sport specific - competition information)

Go to: sowa.org / click on "Sports" / Click on "East Region Sports"



"Day of" SCHEDULE

Team Check In Begins	8:45am
Opening Ceremony (Roos Field)	9:45am
Competition Begins	10:00am
Lunch Distribution Begins	11:00am
Competition Ends	Approx. 5:00pm

COMPETITION INFORMATION

- + Submit 1 on 1 "Infield Access Pass" form no later than **April 22nd**. (Find on ER webpage)
- + **Lunch provided**. Submit **Lunch Request form** no later than **April 22nd**. (Find on ER webpage)
- + **ATHLETIC COACH** zoom meeting on **April 25th @ 5:30pm**. **Registration Required**. (Link on ER webpage)
- + Due to a raised runway - **RUNNING LONG JUMP will not be offered at our competition**. An athlete advancing to state from any of the other events can compete in RUNNING LONG JUMP at state **if** the event was included in the FINAL REGISTRATION. **FYI:** this athlete will only be competing in no more than three events at regionals.
NOTE: STANDING LONG JUMP will be offered at regional.
- + **TECHNICAL MANUAL** will be emailed no later than **May 3rd** - includes specific competition details!
- + Virtual **COMPETITION COACH MEEING** is scheduled for **May 10th @ 7:30pm**. **Registration Required**. (Link on ER webpage)
- + **TEAM PACKETS** will be available for early pick up on **May 10th at 7:00pm** in the lobby area @ **Holiday Inn Express in Cheney**. **Also available during team check in on the day of our competition.**
- + **Transportation needs:** Contact Program Manager Tim Toon: ttoon@sowa.org