

2023 SPECIAL OLYMPICS SPRING SEASON

March 6 – June 11, 2023

EAST REGION

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EAST REGION REGISTRATION TIMELINE

- Start of Spring Season** March 6, 2023
- Preseason Rosters Due** March 14, 2023
- Final Registration & Individual Forms Due Dates**
 - Swimming, Athletics, Soccer, Powerlifting, Cycling** April 17, 2023
 - State Games Registration Due May 25, 2023
 - State Spring Games June 9 - June 11, 2023

EAST REGION COMPETITION CALENDAR		
DATE	COMPETITION	LOCATION
SPRING SEASON		
START OF SPRING SEASON: MARCH 6, 2023		
May 13, 2023	ER Region Athletics and Swimming Competition	EWU, Spokane
May 20, 2023	ER Region Soccer Competition	Yakima
June 9 - June 11, 2023	State Spring Games	PLU, Tacoma

Ready to start your preseason paperwork? Complete online [Pre-Season Participation Form](#)

Upload [Participation Roster](#) for each sport