

Swimming Competition April 22nd

Coaches Call

April 13th

6:30pm

Dori McGovern – SW Region Manager
Cheyenne Baird – SW Program Manager
Tyler Bjork – Director of Sports
Development, Education & Training

Special Olympics

Washington



Agenda



- Welcome & Meeting House Keeping
- Resources
- Parking
- KCAC
- Pool Deck Layouts
- Coaches Meeting Onsite
- Additional Event Information
- Competition Schedule
- Allocations for State Games
- Timeline BEFORE Competition/ AFTER COMPETITION
- Questions

Welcome!



Meetings Reminders

- This meeting is being recorded
- Please stay muted unless you are asking a question
- Feel free to keep your camera off if you would like

To start, please provide the following information in the chat!

- Name
- Program/Team Name!



Resources



[SOUTHWEST REGION
WEBPAGE](#)

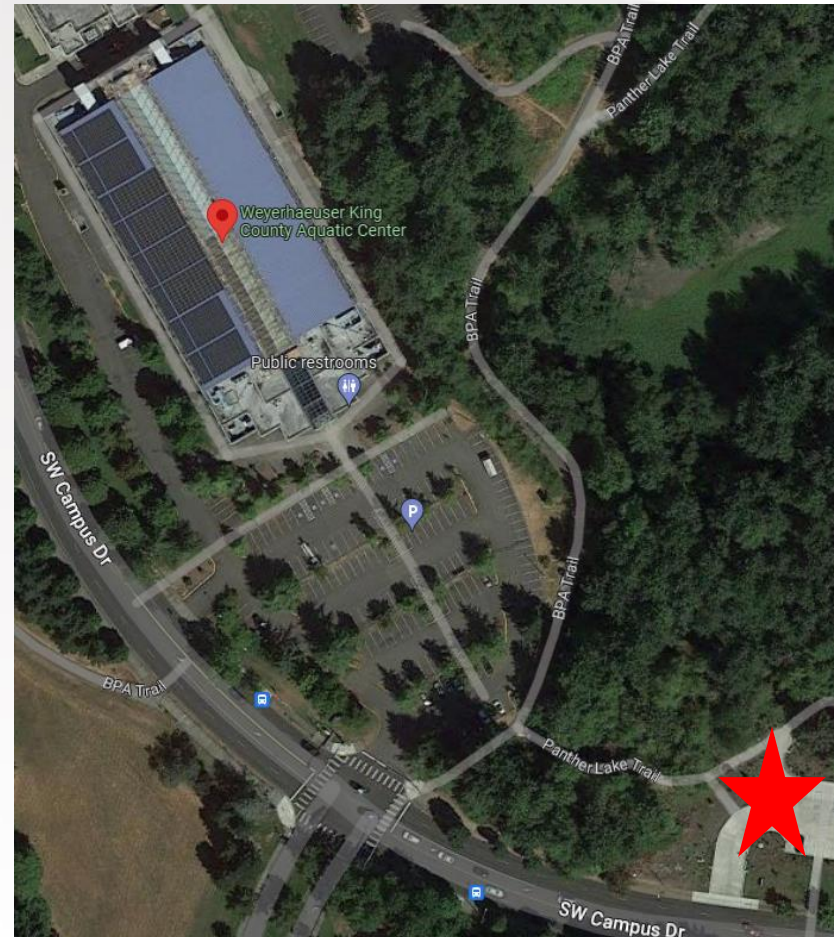


[SWIMMING RULES](#)

Parking



- Please save Main Parking Lot for spectators, volunteers and smaller vehicles.
- School/Carter Busses are NOT allowed to park in the Main Parking Lot. They can drop off and pick up ONLY. Busses are to park down at the Baseball Field Lot. See the STAR!

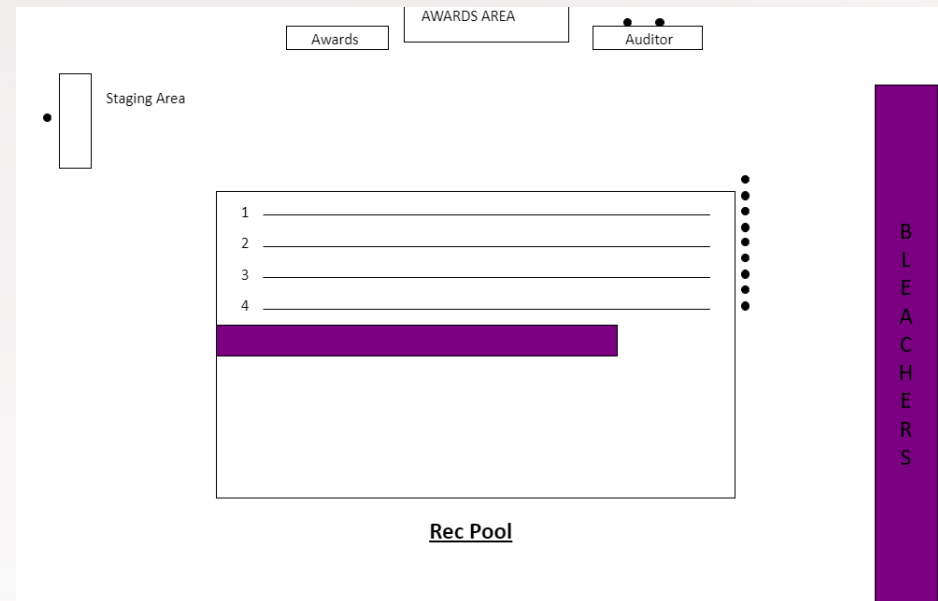
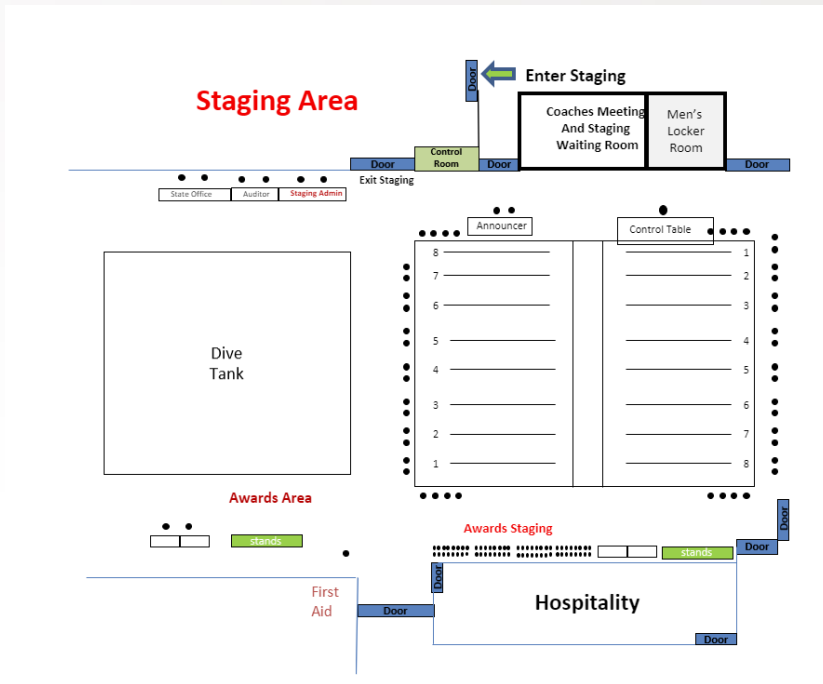


King County Aquatic Center



- [650 SW Campus Dr, Federal Way, WA 98023](https://www.kcaq.org/)
- Team check in – Begins @ 7am
- Coaches Meeting – 8:30am in the Arts & Crafts Room right across from the Control Room
- First Race - Begins @ 9:15am (Relays)
- Lunch – Available for pick up between 11:30-1:00pm, please wait for an announcement
- Awards – as soon as the race has concluded on the pool deck

Pool Deck Layouts



Coaches Meeting ON SITE



Be prepared to submit your Competition Pool Scratch forms during this meeting



Be prepared to submit your Recreation Pool Scratch forms during this meeting



Be prepared to submit your Relay Entry Form during this meeting as well



If you have any questions day of this is a good time to address those – Carolyn, our Head GMT for Swimming

Additional Event Information



Deck Passes

- Each Program should have submitted their Deck Pass Request Form into the portal with Final Registration.
- If not, please send it to Dori by Noon tomorrow (4/14)
- Only those with Deck Passes will be allowed on the pool deck. Coaches will be provided them.

Awards During Events

- If your athlete is needed for another race while they are waiting to be awarded, please let the Marshal Volunteer in the awards staging area know BEFORE taking them back to the Main Marshalling Area.

Changes to Delegations/Rosters

- None of the following edits requested by programs will be accepted the day of competition:
 - Switching of events
 - Adding of events
 - Switching of divisions

Protest Forms

- Please read and follow the provided directions of the Protest Form
- Please submit to the SOWA Staff onsite for it to be reviewed.

Competition Schedule



	Comp Pool	Heat Numbers	Rec Pool	Heat Numbers
8:15 AM	1500m freestyle			
	800m freestyle			
9:15 AM	4x100m unified freestyle relay		10m assisted swim	
	4x25m freestyle relay		15m walk	
	4x50m unified freestyle relay		15m unassisted swim	
	4x100m freestyle relay		15m flotation	
	4x25m medley relay		15m backstroke	
	4x100m unified medley relay			
	4x50m freestyle relay			
	4x25m Unified Medley			
	4x100m medley relay			
	4x50m medley relay			
	4x200m unified freestyle relay			
	25m butterfly			
	400m freestyle			
	25m freestyle Group A			
	100m butterfly			
	200m freestyle			
	50m breaststroke			
	25m Freestyle Group B			
	100m individual medley			
	25m flotation*			
	25m breaststroke			
	100m freestyle			
	50m backstroke			
	200m individual medley			
	25m backstroke			
	200m breaststroke			
	50m butterfly			
	100m backstroke			
	50m freestyle			
	100m breaststroke			
	200m backstroke			

Allocations for State Games



SW will be **sending 75% of the swimmers** from this competition to State!

- **Depending on final divisioning** – (*this may change*)
- 1st - All Golds will advance to state games
- If there are spots available then Silvers, then Bronze
- State Games Registration is Due May 25th

Timeline BEFORE Competition



- Yesterday, April 12– Corrections were due back to Dori via email. If you still have corrections to submit, please reach out to Dori ASAP.
- Today – Coaches Call, follow up email will be sent with today's presentation, pool scratch forms and relay forms.
- Tomorrow, April 13 – Last call for Deck Pass Requests.
- April 17 – Final Divisions sent to coaches (this report may come out tomorrow if all corrections have been submitted)
- April 22 – Competition Day!

Timeline AFTER Competition



- Tuesday, April 25 – Results sent out to all programs AND State Allocations by program
- Thursday, May 25 - State Registration Due this includes housing forms for those programs who qualify.
- TBA - Spring State Games Coaches Meeting for Swimming, this invite will be sent out by either Madison or Tyler

Questions?



Q: Are we doing the "best effort" DQ this year?

A: *No, this is not something we are able to accommodate.*

Q: Shouldn't the Assisted Swim in Category A be 15 meters instead of 10?

A: *Our understanding is that we compete in the 10 Meter because of staging in the pool – there is not an easy way to get into the small pool, so we leave a buffer in the small pool.*

Q: Is there a reason a swimmer in Category B who can do an unassisted swim (but not any of the specific strokes) can't do a 15-meter walk? Otherwise, that swimmer can only do 1 event.

A: *Categories were developed LONG ago. They were originally meant to support skill development and management of the competition. We actually have made adjustments to categories in the past, but this usually takes an annual review. We wouldn't be able to update this for 2023, but this is being placed in my feedback form for a review for 2024.*

Q: If you want Category B to be for swimmers who are a little more capable than those in Category A you could have a 25-meter walk.

A: *The challenge with the 25M events like the flotation is that it is in the large pool, while all shorter events are actually in the little pool.*

Q: How do we identify athletes that have a physical disability, so they do not get DQ based on their physical inability to do strokes, starts, turns etc.?

A: *Working to provide programs by middle of next week with a SOWA approved exception code list. These codes would then be written on the upper arm of the athlete on competition day to indicate to the judges what their exception may be, so they don't get DQ based on physical disabilities.*

Q: What flotation devices are allowed for the flotation races?

A: *Please see section 3.2 Equipment/sub section 3.2.5 for what flotation devices are allowed during competition.*