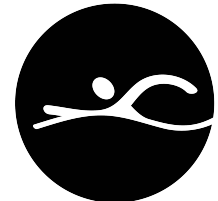


2023 Special Olympics Swimming Schedule

	Comp Pool	Heat Numbers	Rec Pool	Heat Numbers
8:15 AM	1500m freestyle	001		
	800m freestyle	002		
9:15 AM	4x100m unified freestyle relay	-	10m assisted swim	200 - 208
	4x25m freestyle relay	003 - 006	15m walk	209 - 217
	4x50m unified freestyle relay	007	15m unassisted swim	218 - 226
	4x100m freestyle relay	008 - 009	15m flotation	227 - 232
	4x25m medley relay	-	15m backstroke	233 - 239
	4x100m unified medley relay	010		
	4x50m freestyle relay	011 - 013		
	4x25m Unified Medley	014		
	4x100m medley relay	-		
	4x50m medley relay	015 - 016		
	4x200m unified freestyle relay	-		
	25m butterfly	017 - 018		
	400m freestyle	019		
	25m freestyle Group A	020 - 029		
	100m butterfly	030		
	200m freestyle	031 - 032		
	50m breaststroke	033		
	25m Freestyle Group B	034 - 050		
	100m individual medley	051 - 052		
	25m flotation*	053 - 054		
	25m breaststroke	055 - 056		
	100m freestyle	057 - 062		
	50m backstroke	063 - 072		
	200m individual medley	073		
	25m backstroke	074 - 094		
	200m breaststroke	095		
	50m butterfly	096 - 097		
	100m backstroke	098 - 101		
	50m freestyle	102 - 123		
	100m breaststroke	124 - 125		
	200m backstroke	126		



Competition Pool (CP): Events will be run in both the north and south ends of the pool.

Recreation Pool (RP): Events should be finished by 1 PM.

Warm-ups: Will be in the Dive Tank.

Long distance races: 1500m and 800m races will be held at 8:15 am if there are no conflicts, 400m after relays.

Event Order: Events will be run in the order, but will be adjusted as needed.

Coaches Meeting: 8:30 AM in Olympic Town/ Arts & Crafts room.

Opening: 9:00 AM.

Heat Sheets: Print your own, we will not be providing copies.

Competition Pool Forms: Turn in to the Staging Admin Table located to the right of the dive tank

Scratches/Changes: Submit to the appropriate pool (Comp or Rec) Staging table.

Relay Forms: Must be turned into the Competition Staging area by 8:15 am before the coaches meeting

Relays: Staging will begin at 8:30 and competition will begin after opening ceremonies.

Protests: Turn into Competition Pool Staging Area within 30 minutes of event.

25m Flotation: Will be run after Recreational Pool is complete with their events.

Flotation Devices: Teams must provide their own device and must be type that goes around body.

Team Seating: Balcony Seating only for teams.

Awards: Awards will be awarded upon completion of the heats's paperwork.

Competition Pool Awards: There will be two awards areas.

Recreation Pool Awards: Will be presented on the pool deck.

Competition Pool Spectators: Spectators are **not** permitted on the pool deck.

Recreation Pool Spectators: Spectators are allowed on the pool deck.

Hospitality Room: The Hospitality room is open to Volunteers, Coaches and Spectators and is located next to the Woman's locker room.