



**Special  
Olympics  
Washington**



## 2018 ALPINE-SNOWBOARDING SCHEDULE East Region-Regionals

SUN. FEB. 4<sup>TH</sup>

8:00 AM - 8:45 AM	Alpine / Snowboarding Check-In	Mt. Spokane / Lodge #1
9:00 AM	First chairlift for participants	Chairs #1, #3, & #5
9:15 AM - 10:30 AM	ALP Super G - Advanced	Mt. Spokane / HR. Glass
9:15 AM - 10:30 AM	SB Super G - Advanced	Mt. Spokane / HR. Glass
9:15 AM - 10:30 AM	SB Super G - Intermediate	Mt. Spokane / Pond Run
9:15 AM - 10:30 AM	ALP Super G - Intermediate	Mt. Spokane / Pond Run
9:15 AM - 10:30 AM	ALP Super G - Novic	Mt. Spokane / Johnson's Run
9:15 AM - 10:30 AM	SB Super G - Novic	Mt. Spokane / Johnson's Run
11:00 AM - 12:15 PM	ALP Giant Slalom - Advanced	Mt. Spokane / HR. Glass
11:00 AM - 12:15 PM	SB Giant Slalom - Advanced	Mt. Spokane / HR. Glass
11:00 AM - 12:15 PM	SB Giant Slalom - Intermediate	Mt. Spokane / Pond Run
11:00 AM - 12:15 PM	ALP Giant Slalom - Intermediate	Mt. Spokane / Pond Run
11:00 AM - 12:15 PM	SB Giant Slalom - Novic	Mt. Spokane / Johnson's Run
11:00 AM - 12:15 PM	ALP Giant Slalom - Novic	Mt. Spokane / Johnson's Run
12:45 PM - 2:00 PM	ALP Slalom - Advanced	Mt. Spokane / HR. Glass
12:45 PM - 2:00 PM	SB Slalom - Advanced	Mt. Spokane / HR. Glass
12:45 PM - 2:00 PM	SB Slalom - Intermediate	Mt. Spokane / Pond Run
12:45 PM - 2:00 PM	ALP Slalom - Intermediate	Mt. Spokane / Pond Run
12:45 PM - 2:00 PM	SB Slalom - Novic	Mt. Spokane / Johnson's Run
12:45 PM - 2:00 PM	ALP Slalom - Novic	Mt. Spokane / Johnson's Run

The times on the course are scheduled to allow everyone to go through their respective course 2 times for each event. (1 training run, & 1 timed run in Super G) Unfortunately, if a participant is not able to make both runs, we will still need to move on to the next event so that we may stay on schedule. **Please make sure to head back up the mountain right away after your first run so that you can make your second run!**

Each course will move the skiers through first, and then move the snowboarders through while the skiers make their way back to the starting gate for their next run. The skiers will take their second run while the snowboarders make their way back to the starting gate for their second run. Etc... There are no blocks or divisions for the order of running each course. Each participant will go down the course as they arrive and line up. Their times will be tracked by their bib #'s. We will division off of final times recieved at Regionals while in-lining with Article 1. Results will be posted on site, online, and sent out to all of the coaches via email shortly after the event.