



Basketball Rules Review

The Official Special Olympics Sports Rules Book and the National Federation of State High School Rules Book shall govern this tournament. These rules apply to Region and State level competitions.

- A. All Unified Teams will play two 20 minute halves with a running clock. ***The clock will stop in the last minute of the game for each dead ball that occurs (foul shots, time-out, injuries-ONLY). IF there is a lead of 15 points or more, there will be a running clock.***
- B. All community-based traditional teams will play four 8 minute quarters with running clock. ***The clock will stop in the last minute of the game for each dead ball that occurs (foul shots, time-out, injuries-ONLY). IF there is a lead of 15 points or more, there will be a running clock.***
- C. **Free Throw allowance:** *2 free throws awarded starting on the 10th foul of each half.*
- D. One-minute intermissions will follow both the 1st and 3rd quarters and 5 minutes between halves.
- E. Team rosters must have a minimum of 5 players and a maximum of 10 players.
- F. A team may be granted 4 time-outs per game total, 2 time outs per half.
- G. The three-second-rule restriction is enforced when team control exists in the opponent's frontcourt.
- H. When attempting a free throw, no one (including the shooter) can enter the three second lane until the ball has touched the rim.
- I. During multiple free-throw personal fouls, substitutions may be made only before the final attempt in the sequence and after the final attempt has been converted.
- J. The free throw shooter shall release the ball within 10 seconds from the time it is placed at the shooter's disposal by one of the officials.
- K. Women and Junior Division **must** play with a smaller ball, 28 ½ inches in circumference.
- L. The basketball ring will be 10 feet from the floor. A shorter basket will not be used.
- M. A player/head coach may now orally or visually request a time-out.

Unified Competition:

- A. The roster shall contain a proportionate number of Athletes to Partners.
- B. During competition, the line up shall never exceed three Athletes and two Partners at any time. Failure to adhere to the required ratio results in a forfeit.

State Tournament Format:

- A. Please defer to rules above.