

Healthy Athletes Volunteers Needed!



Special Olympics
Washington
Health
MADE POSSIBLE BY **Golisano** FOUNDATION

Winter State Games- Wenatchee, WA
Saturday March 2nd
4:00pm-9:30pm



Fit Feet

Podiatrists, foot care specialists, and students will evaluate athletes' ankles, feet, lower extremity biomechanics, and proper shoe and sock gear.

Footwear Specialists - Volunteers will assist with athlete screenings by measuring the athlete's shoe size, evaluating the fit and condition of the athlete's shoes and socks, and determining the appropriateness of the athlete's footwear for a given sport. Volunteers must have experience with shoe sizing.



FUNfitness

Physical Therapists, Physical Therapist Assistants, and students are needed to evaluate athletes' flexibility, strength, balance, and aerobic capacity at the screening stations and lead education stations on each area tested.



Health Promotion

Clinical, public health professionals, and wellness professionals, and students will lead nutrition, BMI, bone health, sun safety, tobacco avoidance, hygiene, and physical activity screenings and education stations.



Special Smiles

Dentists, Dental Assistants, Dental Hygienists, and dental students are needed to provide the dental screenings and educate SOWA athletes on proper dental hygiene.

General volunteers – lead athlete registration, discipline check-ins, and educational stations at screenings.

Tech Support – to assist clinical volunteers with tablet data entry and troubleshooting

Sign up to volunteer here: <https://2019wgamesathletes.my-trs.com/>

Free bus from Seattle to Wenatchee: <https://goo.gl/forms/4XFZlFQcOIY46XzJ2>

CONTACT

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**Special
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