



Winter Games 2017 Young Athletes™ Opportunities

All children ages 2-7 are invited to participate in *FREE* activities to learn about Special Olympics Young Athletes during the Winter Games in Wenatchee on March 5. Activities include a Young Athletes Demonstration followed by a My First Sport Experience in ice skating.

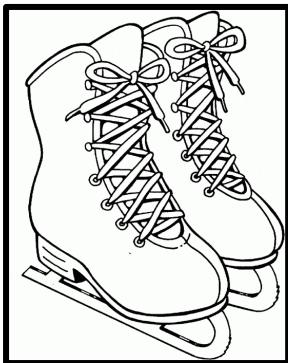
Young Athletes™ (YA) is an inclusive sports program for children 2 -7 with and without intellectual and developmental disabilities. Studies have shown 7 months of motor skill development after just one eight weeks. Learn more at www.specialolympicswashington.org/young-athletes/.

The day begins with a demonstration which includes rotations through activities from the eight week Young Athletes program. Following the demonstration, the My First Sport Experience introduces children to the world of Special Olympics competition, when children visit the speed & figure skating competition venue and participate in an informal lesson on the ice. Each child will receive a t-shirt and participation ribbon. Register at <http://specialolympicswashington.org/forms/winter-2017-ya-form/>. For more information email Grant Lahmann, Young Athletes Manager for the Winter Games Management Team: gwlahmann@gmail.com.

YOUNG ATHLETES DEMONSTRATION



- Saturday, March 4th @ Orchard Club room at the Town Toyota Center
- 10:00 AM:-Check-in & t-shirt pickup
- 10:10 AM: Opening Circle, introductions, and stretches.
- 10:20 AM: Station Rotations (throwing, kicking, balance, striking, etc.)
- 10:45 AM: Closing Circle & Awards
- 10:55 AM: Snack
- 11:00 AM: Break until My First Sport Experience, if participating.



MY FIRST SPORT EXPERIENCE

- Saturday, March 4th @ Ice Rink at Town Toyota Center
- *Please bring your child's bicycle helmet from home to wear*
- 11:30 AM: Check-in & t-shirt pickup (if needed)
- 11:35 AM: Welcome & Circle Time
- 11:45 AM: Skating lesson & free time on ice
- 12:05 PM: Closing Circle Time & Awards