Virtual Volunteers

Virtual Summer Games Opportunities

To sign up for these roles, please visit: [https://2020sowsummergames.my-trs.com/](https://2020sowsummergames.my-trs.com/) or e-mail arider@sowa.org.

- **Social Media Advocates**
  - Like, Share, and Repost Special Olympics Washington content on Twitter, Facebook, and Instagram.

- **Virtual Fans in the Stands**
  - Are you missing cheering on our athletes as they take the field? Bring the noise and join us during the week of the Virtual Summer Games where we will gather volunteers as a part of our Virtual Fans in the Stands! These calls will be recorded and shared with our athletes. Check our registration link (TRS) for dates and call in information!
  - Have a group of 10+, contact arider@sowa.org to set up your own Virtual Fans in the Stands Session.

- **Cheer Cards**
  - Get your creative skills going and share your best Cheer Cards for our competitors to see during the Virtual Summer Games! Post them on our Facebook feed for all our competitors to see that they are not competing alone!

- **Creation of Encouraging Videos**
  - Send in a video, ideally 10-30 seconds long, no longer than one minute, to show your support of our competitors in the Virtual Summer Games!
  - What do you miss about Special Olympics Washington? How are you staying positive? What is your favorite memory with Special Olympics Washington? Anything you want to say to the athletes? What are you looking forward to when we return?
  - Post your video on [https://flipgrid.com/sowavirtualgames](https://flipgrid.com/sowavirtualgames) and it will be compiled and shown during our Virtual Summer Games!

- **Spirit Week Participation**
  - Volunteers are encouraged to join in our Virtual Summer Games spirit week where each day during the week of August 17th we will have a new theme.

- **Skill Demonstration**
  - Do you have a skill (Cooking, Magic, Dancing, etc.) you’d like to share with our Special Olympics Washington Community? Let us know and we will set you up to lead a live class/demonstration during the week of our Virtual Summer Games.

- **SOWA Mask Up Challenge**
  - On an ordinary face mask, draw a fun design to celebrate SOWA’s Virtual Summer Games. Take a video or picture of your mask and post it on our FlipGrid Page. Turn in your photo by August 11th. The best design wins a surprise SOWA Virtual Games merchandise package the week of August 18th!
Ongoing Virtual Volunteer Roles

To sign up for any of these roles, please contact arider@sowa.org

- **Letter Writing**
  - Looking to send some encouragement from athletes while we are all at home!
  - Let us know how many letters you would like to write, and we will supply a list of athletes.
  - Supply your own materials, and then once you are done, send them to our office at 2815 2nd Ave, Suite 370, Seattle, WA 98121 where we will address and send them out to the athletes.
  - Messages of encouragement, your favorite Special Olympics memory, what you miss about events, what event you are looking forward to when we return? Has a favorite recipe that has been getting you through quarantine? Write it out and send it along with your card!

- **Virtual Wellness Coordinator**
  - Virtual Wellness Coordinators plan an essential role in implementing Healthy Communities Programming statewide.
  - The individual in this volunteer position will facilitate weekly virtual conversations around health and wellness topics with Athletes and Unified Partners.
  - The Virtual Wellness Coordinator may also direct athletes, families, and caregivers to needed health services and resources.

- **Athlete Input Council Facilitator**
  - Coordinate and hold monthly AIC meetings.
  - Facilitate athlete discussion of feedback and the development of constructive recommendations.
  - Participate in monthly facilitator support calls.
  - Communicate regularly with your Area’s Athlete Leadership Coordinator.

- **Data Analyzation**
  - Area Leadership Team Data Project – We are looking for volunteers to help us better understand the demographics of some of our areas. See this example from SO Illinois for more details.
  - Volunteer Data Project – We are looking for volunteers who can help break down our volunteer data to better determine our volunteer demographics, retention rate, recruitment rate and more!

- **Healthy Eating Habits**
  - Have any great recipes, tips or tricks to get you through quarantine? Send them in so that they can be shared out with the community.
  - These skills can be shared by being our Virtual Wellness Coordinator.

- **Robotics Field Creation**

- **Athlete Survey Caller**
  - Volunteers will be assigned to a group of athletes to call and follow up on our survey.