



Unified Schools Tracks:

The diverse menu of unified programs and activities can be grouped in three major components: Unified Sports, Youth Leadership & Advocacy, and Whole-School Engagement. The combination of these components provides the opportunity for creating positive school climates and ensuring that all students, particularly those with intellectual disabilities, become part of the social fabric of the school. If you're a new school, the three components might be a little overwhelming. To help with the startup of each of the components, Special Olympics Washington has developed two tracks to help your school get started.

Youth Leadership and Whole School Engagement	Unified Sports Track
1. Review Unified Schools website	1. Review Unified Schools website
2. Meet via phone or in person with the Director of Unified Schools, Morgan Larche- mlarche@sowa.org	2. Meet via phone or in person with the Director of Unified Schools, Morgan Larche- mlarche@sowa.org
3. Complete the "Commitment to Inclusion Form"	3. Complete the "Commitment to Inclusion Form" and "Budget Form"
4. Identify student leaders within the high school to begin Unified Schools activities	4. Create a "Call to Action" for entire school about upcoming team and Unified Schools beginning at the school (staff emails, announcement on website, have student leaders visit classrooms to raise awareness & recruit)
5. Create a "Call to Action" for entire school about upcoming Spread the Word campaign and Unified Schools beginning at the school (staff emails, announcement on website, have student leaders visit classrooms to raise awareness & recruit)	5. Identify coaches from the school faculty and staff with help of students who begin to show interest.
6. Ensure students hold at Spread the Word to End the Word campaign	6. Have identified coaches take general orientation, protective behaviors, cardiac arrest, concussion management and unified sports training certification courses online.
7. Recruit partners and athletes for a Unified Schools club	7. Identify an athlete base from the Special Education classes and a partner base from Leadership Classes, counselors, Key Clubs, etc..
8. Identify existing club or an advisor for a new chartered club to implement Unified School initiatives	8. Set up a family meeting that would include coaches, athletes, partners and the parents of both athletes and partners. Handout paperwork at this time and create a deadline. Give all dates for the seasons at this meeting
9. Ensure student leaders promote Unified Schools activities within school via websites, social media, bulletin, as well as posters.	9. Work with your Senior Region Manager to participate in a unified sports league to set up game schedules.
10. Have fun!	10. Practice, Compete, and Have Fun!