

## Inclusive Opportunities to UNIFY Your School!

### Monthly Themes

- **September** – Eunice Kennedy Shriver: Get Unified! (focus on social, sports, or other unified events)
- **October** – Flag Football Recreation
- **November** – Unified Basketball Development
- **December** – Inclusive Schools Week
- **January** – Develop a Cool Schools Polar Plunge Team
- **February** – Unified Soccer Team Development
- **March** – Spread the Word to End the Word
- **April** – Club Month – Recruit, Charter, Fundraise!
- **May** – Disability Awareness – educate, simulate, advocate!
- **June** – Adopt a School – visit, organize, engage!



### Inclusive School-Wide Activities

- **Spread the Word to End the Word**: End the use of the derogatory word “retard(ed)”
- **Fans in the Stands**: Support your school’s Unified Sports teams
- **Get Into It™** consists of online resources that include lessons, activities, videos, athlete stories and supplemental materials to help educate, motivate and activate students. Be sure to check out **Get Into It Active** and **Movies that Move!** All components are aligned with important education initiatives such as: Anti-Bullying, Character Education, Service-Learning, 21st Century Skill Development, Inclusive Collaboration and Changing School Climate.
- **Cool Schools Polar Plunge**: Take the plunge and raise money for Special Olympics
- Perform our inclusive play – **“It’s Our School, Too”** during lunch, an assembly, or make it big and hold an evening performance to raise money for your club!
- **Unified Sports Day** - gather classmates with and without disabilities to play a sport for fun!
- **Eunice Kennedy Shriver Day**: Play Unified!
- **Make Everyday Activities Inclusive!** Encourage students with disabilities to attend existing school games, plays, and dances!

### Fundraising Opportunities

Hold fundraisers to add to your club’s ASB funds; you can then use these funds to transport Fans in the Stands to tournaments, purchase extra gear for your team, and more! Ask your ASB advisor for fundraising ideas or email Morgan Larche, Director of Unified Schools, [mlarche@sowa.org](mailto:mlarche@sowa.org) for ideas.

- **Miracle Minute**: See how much money classes can raise in 60 seconds!
- **Parents Night Out**: Babysit for your friends, neighbors or family.
- **Car Wash**: Gather your club together and hold a car wash!
- **Concession Stands**: Sign your club up to work during a varsity sport!

