Summer Games Health and Fitness Volunteer Opportunities

Performance Station
Saturday, August 16th
Everett Community College
4:30pm-6:30pm

Help Special Olympics Washington athletes kick off Opening Ceremonies on a healthy note! Performance Stations prepare athletes to compete to their personal best and make the connection between fitness and athletic performance. We are looking for professionals and students with experience in nutrition, fitness, personal training and wellness to join us!

Wellness Stations
Various Venues - Everett, WA
Saturday, August 17th
8:00am - 3:00pm

Wellness Stations will be available to SOWA athletes at each venue to encourage healthy habits throughout competition. Volunteers will distribute sunscreen, water refills and healthy snacks. We are looking for professionals and students with experience in nutrition and wellness to engage with and educate athletes about the importance of hydration and nutrition.

Sun Safety Tents
Various Venues - Everett, WA
Saturday, August 17th
8:00am - 3:00pm

Sun Safety tents provide athletes with sunscreen, education, and additional resources and tools to protect their skin and health while competing over the weekend. We are looking for volunteer Dermatologists to lead the Sun Safety tents. When we have experts in Sun Safety at the helm of this initiative, our athletes learn more effective sun safety practices and education, ultimately resulting in the development of healthier lifestyle habits.

Sign up to volunteer here:
https://2019statesummergames.my-trs.com/
Adult Volunteers > Health

CONTACT
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