

Return to Play Timeline

WASHINGTON'S PHASED APPROACH Modifying Physical Distancing Measures as we Reopen the State

Special Olympics Washington Continued Phases

INDIVIDUALS AND BUSINESSES SHOULD FOLLOW ALL REQUIREMENTS LISTED ABOVE DURING ALL PHASES



Phase 1



Phase 2



Phase 3



Phase 4



SOWA Phase



SOWA Phase

	Phase 1	Phase 2	Phase 3	Phase 4	SOWA Phase 5	SOWA Phase 6
High-Risk Populations*	Continue to Stay Home, Stay Healthy	Continue to Stay Home, Stay Healthy	Continue to Stay Home, Stay Healthy	Resume public interactions, with physical distancing	Resume Public Interactions with Physical Distancing	Normal
Recreation	Some outdoor recreation (hunting, fishing, golf, boating, hiking)	Outdoor recreation involving 5 or fewer people outside your household (camping, beaches, etc.)	<ul style="list-style-type: none"> - Outdoor group rec. sports activities (50 or fewer people) - Recreational facilities at <50% capacity (gyms, public pools, etc.) - Professional sports without audience participation (horseracing, baseball, etc.) 	Resume all recreational activity	Normal	Normal
Gatherings (social, spiritual)	<ul style="list-style-type: none"> - None - Drive-in spiritual service with one household per vehicle 	Gather with no more than 5 people outside your household per week	Allow gatherings with no more than 50 people	Allow gatherings with >50 people	Normal	Normal
Special Olympics Recreation	Virtual Recreation Only	Virtual Recreation Only	Virtual Recreation Only	Able to apply for in-person recreation	Allowed to participate in person	Normal
Special Olympics Gatherings	Virtual Gatherings Only	Virtual Gatherings Only	Virtual Gatherings Only	Groups of 5 allowed (1 coach + 4 Athletes)	Groups of 5-50 Allowed	Normal

* High-risk populations are currently defined by CDC as: persons 65 years of age and older; people of all ages with underlying medical conditions (particularly not well controlled), including people with chronic lung disease or moderate to severe asthma, people who have serious heart conditions, people who are immunocompromised, people with severe obesity, people with diabetes, people with chronic kidney disease undergoing dialysis, and people with liver disease; people who live in a nursing home or long-term care facility.

Special Olympics Resources

-Apply for In-Person Participation [HERE](#)

-Find out which Phase your County is in [HERE](#)