Special Olympics Washington

How to be a Special Olympics Advocate

1. **Know your story and be ready to share. What sports do you play? Why do you love Special Olympics? How does being part of team help you succeed?**

2. **What is your goal? This is your finish line—know what number is important to you and when you want to reach it. My goal is $_____, and I want to reach it by this date _____.**

3. **Be business savvy and practice gratitude! When an individual shows their support, record keeping is important. Think of it like a score card. Be sure to ask for their full name and mailing address. This information will be used to say Thank You from the Special Olympics.**

4. **Have a plan! Think about the people you know who might help you reach your goal. Remember, you can fund-raise both in person and online.**

People I Can Ask in Person	People I Can Email	People I Know Online
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____