

# ATHLETE LEADERSHIP TRAININGS



## Governance

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This advanced training prepares athletes to professionally and effectively participate in and lead meetings. The two core modules are required before taking this course.



### Training Topics

- How to prepare for and behave in meetings
- Facilitating conversations
- Athlete Leadership Councils (ALCs)
- Committee and Board of Directors

### Who should take this training?

This training is for athletes interested in taking on larger leadership roles on ALCs, in sitting on committees or boards, and it is a requirement for all State ALC members. This is an advanced training and includes completing a leadership practicum.

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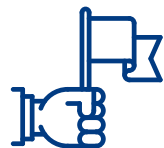
### After this training, athletes are prepared to...



Lead on Athlete Leadership Councils



Participate on boards and committees



Represent Special Olympics Washington

*See the [SOWA Events Calendar](#) for upcoming trainings.*