



2017 Plunge Dates

Tri-Cities Polar Plunge
Columbia Park, Kennewick
January 21

Seattle Polar Plunge
Golden Gardens Park
February 4

Wenatchee Polar Plunge
Walla Walla Point Park
February 11

Spokane Polar Plunge
Liberty Lake
February 18

Tacoma Polar Plunge
Owen Beach
February 25

Anacortes Dash & Splash
Seafarer's Park
March 11

Yakima Polar Plunge
Sarg Hubbard Park
March 18

Redmond Dash & Splash
Idylwood Park
March 18

Cool School Challenge

Is your school cool enough?

Get your school involved – classmates, teachers, parents, anyone and everyone are allowed and encouraged to participate in the Polar Plunge. Cool Schools is a project initiated by Special Olympics Washington to allow local students to show their support for Special Olympics Washington Athletes.

Brrrrrring it on...Teams are forming now!



The Plunge

Polar Plunge is a wild, zany and fun opportunity for you to support Special Olympics Washington Athletes by getting your friends and classmates to join you in your plunge into an icy Washington body of water.

School spirit and costumes are encouraged!

Schedule:

Check your event specific website for the day-of schedule

Fundraising Minimum:

\$25

Follow Polar Plunge Wa:

Facebook: @SpecialOlympicsWA

Twitter: @SO_Washington

Instagram:

@SpecialOlympicsWashington

Tell us about your Plunge:

#PledgePlungeParty

Contests

- ◆ Top Fundraising School per plunge
- ◆ Spirit Award per plunge
- ◆ Most Participants per plunge
- ◆ Top Overall School per plunge
- ◆ Statewide Awards

To learn more about Polar Plunge or the Cool Schools Challenge, please visit:

www.polarplungewa.org

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"Let me win, but if I cannot win, let me be brave in the attempt."

- Special Olympics Athlete Oath

Special Olympics
Washington

