



Coaches Education - Resources

This is a list of resources and courses that coaches can take to either re-certify or complete before the start of the next sports season. **Reminder:** All coaches need to complete a WSP Form, Protective Behaviors Course, Concussion Course, and Unified Sports Course (only if they are a Unified Coach) before they can coach for Special Olympics Washington. If you have any questions about requirements or courses, please email Riley Stockton at rstockton@sowa.org

Required

- 1) Washington State Patrol (WSP) form - [WSP Form](#)
- 2) Protective Behaviors - [SO Learn - Protective Behaviors](#)
- 3) General Orientation Video - [General Orientation Video](#)
- 4) Concussion Course - [SO Learn - Concussion Course](#) **OR** [NFHS - Concussion Course](#)
- 5) Unified Sports Course - [NFHS - Unified Sports Course](#) **OR** [SO Learn - Unified Sports Course](#)

Optional

All these courses below are optional courses for coaches (and athletes) to take to work on athlete development, coaching strategies and overall execution of a season. All these courses are offered at no cost to the attendee:

- 1) A Coach's Playbook: Introduction to Autism & Instructional Strategies – [Coach Playbook](#)
- 2) Sportsmanship - [Sportsmanship](#)
- 3) Sports Nutrition - [Sports Nutrition](#)
- 4) Positive Sports Parenting - [Positive Sports Parenting](#)
- 5) Positive Coaching Alliance – Leadership for Athletes & Coaches (Free for April) - <https://positivecoach.org/course-sign-up> (sign up for the course and you'll be emailed the course shortly after sign-up)