



2017 Summer Season

SPECIAL OLYMPICS WASHINGTON

East Region Summer Events and Programs

Special Olympics



2017 SUMMER SEASON



EAST REGION

PRE-SEASON REGISTRATION INFORMATION & DEADLINES

Pre-Season Registration Due: Monday June 19th, 2017

- Please submit the **Pre-season registration**, **Check request**, and **Transportation request** to your **Area Director**.

- **Pre-season form**- This is not your team's Final registration. This roster is only for us to start running names through our database so that we can verify if their paperwork is current or not. If there is question as to if an individual will be participating this season, list them on this roster just in case.

- **Check request**- Must be submitted by **June 19th** in order for you to receive your advance payment.

- **Transportation Request**- Each team/program is responsible to arrange their own transportation to practices and tournaments. Busing companies will be responsible to arrange housing for their driver(s). Transportation request forms still need to be submitted to SOWA for approval.

- **Facility Use Contract**- Please verify if your venue requires a Facility use contract or not. If so, please send your Area Director an Un-signed contract that has all of the times, dates, and locations you will be requiring for practices. The facility will provide the blank contract if required! *Leave the contact information section blank!*

REGISTRATION PAPERWORK AND RESOURCES:

- **Coaches Resources:** <http://specialolympicswashington.org/become-a-coach/coaches-resources/>

NOTES:

- All registrations are due no later than the referenced date, or date set by the *Area Director*.

- Final registration form must be submitted to your *Area director*.

- New copies of athlete's AFP (Application for Participation) and Unified Partner Release form must be submitted with or before your Final registration.

- **An athlete, or unified partner will not be allowed to compete if the registration criteria (i.e. current/complete AFP or Partner Release form, and registration deadline) have not been met.**

2017 SUMMER SEASON



EAST REGION

FINAL REGISTRATION INFORMATION & DEADLINES

Final Registration Due in Region Office: Monday July 10th, 2017

- Please submit your **Final registration** to your **Area Director**.
 - Area Directors may adjust the due date for their Area in order to meet the deadline listed above!

Softball Final Registration;

- **Team BSAT**- This form needs to be submitted for TEAM softball only. You do not need to submit the Individual BSAT form along with the Team BSAT form. The **Individual BSAT** is for your reference and to help guide you through the skill assessment process for each team member.
- **Individual Skills**- This form is used for anyone competing in individual skills. You only need to submit one of these per athlete for those competing in the individual skills competition. (*This is not for determining the skills for Team softball*).
- **Housing request form**- Unfortunately, as in the past, housing will not be provided for the East region softball tournament.

Golf Final Registration;

- **Individual Sports Entry Form**- Must be completed for anyone wanting to compete in Golf. Each individual needs to have a code listing which event they will be competing in. Those competing in 9 hole or 18 hole golf must establish a handicap and submit it with their entry. Those unable to establish a handicap will be required to submit at least five scores from nine or eighteen hole play.
- **Individual Skills**- The individual skills form is only to determine the score that you will need to list on the Individual sports entry form for those who will be competing in the Individual skills competition. You do not need to submit this form.
- **Housing request form**- Unfortunately, as in the past, housing will not be provided for the East region golf tournament.
- **Golf cart request form**- Any individuals who will require the use of a golf cart for competition must submit this form in order for their request to be considered by SOWA.

NOTES:

- All registrations are due no later than the referenced date, or date set by the *Area Director*.
- Final registration form must be submitted to your *Area director*.
- New copies of athlete's AFP (Application for Participation) and Unified Partner Release form must be submitted with or before your Final registration.
- An athlete, or unified partner will not be allowed to compete if the registration criteria (i.e. current/complete AFP or Partner Release form, and registration deadline) have not been met.



East Region Contacts:

2017 Area map

East Region Areas:

- South Central
- Southeast
- North Central
- Northeast



East Region Sr. Leadership Team:

Lori Landrus: Area Director

Southeast Area

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Stephen Opland:

East Region Sr. Manager

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Stephen Opland: Area Director

Northeast Area

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Marisue Harves:

Community Outreach Office Assistant

2017 East Region Tournament Meetings:



It is the responsibility of the Head coach to attend ALL scheduled meetings related to their team's sport(s) and tournament(s). If a Head coach cannot make the scheduled meeting, they must arrange for a liaison from their team to attend the meeting in their place.

2017 East Region Softball Coaches Meeting

Thu, Jul 13, 2017 6:00 PM - 7:00 PM PDT

Please join my meeting from your computer, tablet or smartphone.

<https://global.gotomeeting.com/join/573428989>

You can also dial in using your phone.

United States: +1 (646) 749-3112

Access Code: 573-428-989

First GoToMeeting? Try a test session: <https://care.citrixonline.com/g2m/getready>

2017 East Region Golf Coaches Meeting

Mon, Jul 17, 2017 6:00 PM - 7:00 PM PDT

Please join my meeting from your computer, tablet or smartphone.

<https://global.gotomeeting.com/join/737564269>

You can also dial in using your phone.

United States: +1 (669) 224-3412

Access Code: 737-564-269

First GoToMeeting? Try a test session: <https://care.citrixonline.com/g2m/getready>

2017 East Region Softball Competition Fact Sheet:



Date: Saturday-July 22nd, 2017

Location: Pasco 6 complex softball fields-
6520 Home Run Rd. Pasco, WA 99301

Participation: 300 participants

(Website [page](#) for this tournament)

Directions:

Click [here](#) for Google directions!

From Spokane: Head West on I-90. At exit 220, take ramp right for US-395 South toward Pasco. Take ramp right for I-82 West toward Richland/Pendleton. From I-182 take Road 68 exit, go right out Rodeo, right onto Convention Place, left on Homerun Road

From Yakima: Head East on I-82 toward Richland. At exit 102 take ramp right for I-182 East toward Richland/Pasco. From I-182 take Road 68 exit, go right out Rodeo, right onto Convention Place, left on Homerun Road.

From Wenatchee: Take WA-281 North. Take ramp right for I-90 West toward Seattle. At exit 137, take ramp right for WA-26 East toward Othello/Richland. Keep straight onto SR-26. Turn right onto SR-243. Bear right onto SR-24. Keep straight onto SR-240. Turn right to stay on SR-240/Bybass Hwy. Take ramp for I-182 East. From I-182 take Road 68 exit, go right out Rodeo, right onto Convention Place, left on Homerun Road

From Moses Lake: Take SR-17 toward Pasco. Take ramp right and follow signs for US-395 South. Take ramp right for I-82 West toward Richland/Pendleton. From I-182 take Road 68 exit, go right out Rodeo, right onto Convention Place, left on Homerun Road.

Logistics:

This will be a double elimination tournament. Awards will be rolling awards- we will award as each team plays out of their bracket. Individual skills will be awarded after everyone has completed the Individual skills competition. Prepare ahead of time for the weather; Bring sunscreen, rain gear, baseball hat, cooler, and water! We will have water refill stations at the fields. Souvenirs will be available for purchase near the check-in tent. The Splash pad will also be operating during the tournament, and the misters will be running over the bleachers if the weather gets hot. Those wanting/needing to purchase snacks or beverages may do so from the concession stand. More info to come!

Day Schedule

8:30 am – 10:30 am	Team Registration	Rd 68 Softball fields, Pasco WA,
9:00 am -- 5:30 pm	Softball Tournament	Rd 68 Softball fields, Pasco WA,
11:30 am – 1:00 pm	Lunch	Rd 68 Softball fields, Pasco WA,
12:30 pm – 3:30 pm	Individual Skills Contest	Rd 68 Softball fields, Pasco WA,

2017 East Region Golf Competition Fact Sheet:



Date: Sunday-July 30th, 2017

Location: Esmeralda Golf Course-
3933 E Courtland Ave, Spokane, WA 99217

Participation: 100 participants

(Website [page](#) for this tournament)

Directions:

Click [here](#) for Google directions!

From North Spokane: Take US-395 south. Turn left onto E Magnesium Rd. Continue onto N Freya Street. At the traffic circle, continue straight to stay on N Freya St. Turn left onto E Courtland Avenue. The golf course will be on the left.

From Yakima/Tri-Cities/Wenatchee: Take I-90 East. Take exit 281 toward US-2E/US-395 N/Newport/Colville. Merge onto US-2 E/US-395 N/S Division Street. Continue to follow US-2/US-395 N. Turn right onto E Mission Ave. Turn left onto E Upriver Dr. Turn left onto E Upriver Dr. Turn left onto N Freya Street. Turn right onto E Courtland. The golf course will be on the left.

Logistics:

Awards will be rolling awards, we will award as each division comes off of the course. Individual Skills will be awarded after everyone has completed the individual skills competition. The competition will be a shotgun start. Prepare ahead of time for the weather- Bring sunscreen and a water bottle if it is supposed to be hot! We will also have refill stations throughout the course. Golf carts will be available for rent to those who have been approved to use golf carts for the competition. Souvenirs will be available for purchase near the check-in tent. The golf course restaurant will be open for those who may like to purchase snacks and beverages.

Day Schedule

2:00 pm – 2:45 pm	Warm up and Team Registration	Esmeralda Golf Course, Spokane WA
3:00 pm -- 6:00 pm	Golf Tournament	Esmeralda Golf Course, Spokane WA
3:15 pm – 5:00 pm	Individual Skills Contest	Esmeralda Golf Course, Spokane WA
4:30 pm – 6:00 pm	Awards	Esmeralda Golf Course, Spokane WA



New Sports available for Summer:



Special Olympics Washington is excited to be offering new sports this Summer season. Contact your Area Director if you are interested in starting any of the sports listed below.

Stand Up Paddle Boarding:

Click [here](#) to learn about Stand Up Paddle Boarding and what you'll need to get started.



Tennis:

Click [here](#) to learn about Tennis and what you'll need to get started.



Bocce:

Click [here](#) to learn about Bocce and what you'll need to get started.



2018 USA Games Summer Sports Allocations:



Summer Games

Sport: **Softball** (25 athletes 7 unified partners and 4 coaches)

Quota: 1 Traditional Male team – age 22 and above

1 Unified Team – age 22 and above

NOTE: Team can be co-ed, but they will compete in the male division Coaches will be selected as part of the team that qualifies.

Sport: **Stand-up Paddle Boarding** (5 total athletes)

Quota: 3 female athletes – age 16 and above

2 male athletes – age 16 and above

Sport: **Bocce Ball** (3 male and 3 female athletes & 2 unified partners (1 male and 1 female) - 2 coaches)

Quota:

1 female bocce doubles team – (both must be female)

1 male bocce doubles team (can have one male and one female on this team)

1 male Unified bocce doubles team

1 female Unified bocce doubles team

Sport: **Golf** (5 athletes – 1 coach)

Quota: 1 female – Level 4

1 male – Level 4

1 male – Level 5

1 female – Level 5

1 – Male High Performance



Team Captains

Having an athlete serve as the captain for their team will help promote leadership amongst athletes and improve team training and competition between sporting teams. Captainship helps prepare athletes for other leadership opportunities such as coaching, mentoring, ambassadorship and volunteering.

Definition of a Team Captain- A team leader, either appointed or voted on, that is a member of a sports team. This person works to inspire teammates and help create a supportive community in every Special Olympics event they attend.

Potential Responsibilities:

- Leads team meetings
- Helps coach technique
- Athlete representative on team decisions
- Motivational/team cheer leader
- Obtains input from team
- Promotes leadership amongst teammates

Qualities of a Team Captain-

- Hard Worker
- Encouraging to others
- Trustworthy
- Respects others
- Passionate
- Communicates effectively

How are team captains identified?

Captains are usually identified through a team election process while coaches input may be required in some situations. Captains serve for the length of one season and each team should elect a new captain at the end of this term. Depending on team dynamics, there may be more than one captain per team.

“One of the main things [our captains] do is set up phone trees and make calls to team members and families. They do a lot of communication for the program which is a huge thing and saves us valuable time. I use their help as much as I can.”

-Sandee Brock, **Head Coach, Ski Hawks**

“I went to the coach and let them know that we were independent and knew how to do things without our parents being present. So we helped with a lot of things like accounting for athletes and helping practice events.”

-Candace Madison, **Team Captain North Sound Stars**



TRS

Volunteer Registration

Special Olympics Washington has adopted a new background check program called Verified Volunteers and is requiring all current Class A volunteers to renew their background checks through this system. All coaches, chaperones, Area Leadership Team members, officials, GMT members, programs volunteers, etc. must go through this new online background check before their next event. Registration takes about 5 minutes.

Please follow this link and sign up as your primary volunteer position:

<https://sowa-volunteerapplication.my-trs.com/>

Once you go through our background check process, you will be able to access your background check and monitor your status. After 3 years, you can simply login and renew through your account. Additionally, Verified Volunteers allows you to share your results with other organizations in their system.

Background check fees are taken on by Special Olympics Washington.

Please follow this link for questions and TRS instructions:

<http://specialolympicswashington.org/become-a-coach/>



Codes of Conduct



Coaches Code of Conduct

Special Olympics Washington is a non-profit organization that sponsors high quality physical fitness training and sports competitions for persons with intellectual disabilities. The primary purpose of this Code of Conduct is to establish a high standard of behavior for coaches to model as well as to ensure the safety and well-being of all athletes involved in training and competition. Coaches are expected to meet the following standards while participating in Special Olympics, whether in transit, during practice, at a competition, or in any associated social activity.

1. Abide by the rules and policies of Special Olympics Washington.
2. Exhibit good sportsmanship and act as role models for Special Olympics Washington.
3. Refrain from and prohibit physical and verbal abuse, profanity and other inappropriate behavior.
4. Refrain from and prohibit the use of alcohol, illegal drugs, and controlled substances. (No smoking/tobacco use in restricted areas.)
5. Guarantee adequate supervision of athletes.
6. Refrain from illegal activities (felonies and misdemeanors), including the possession of harmful weapons.
7. Within 24 hours, notify the Senior Region Manager of any offense in Category “A” of the Athlete Code of Conduct. If a coach does not meet these standards, Special Olympics Washington:
 - Will notify the coach of the undesirable behavior; and
 - May suspend the coach indefinitely; or
 - May expel the coach.

Athlete Code of Conduct

Special Olympics Washington prides itself in sponsoring high quality physical fitness training and sports competitions. The primary purpose of this code of conduct is to establish a high standard of athlete behavior, which will ensure the safety, and well-being of all athletes involved in training and competition. All athletes are expected to abide by the code of conduct and standards of behavior as established by Special Olympics Washington.

Athlete Standards of Behavior

While participating in Special Olympics—whether in transit, during practice, at a competition, or in any associated social activity—athletes are expected to exhibit good sportsmanship and to comply with the following standards of behavior:

Refrain from:

Category A

- Use of alcohol, illegal drugs or any controlled substance.
- Unwanted physical or verbal sexual overtures.
- Physical abuse or any unwelcome physical contact.
- Violent or disruptive behavior.
- Felonies and misdemeanors (or any other illegal or socially unacceptable behavior which seriously disrupts or impedes participation of an athlete or others) and the possession of harmful weapons.



Category B

- Profanity or verbal abuse.
- Tobacco use in restricted areas.
- Frequent unexcused absences.
- Poor personal hygiene.

Athlete Disciplinary Measures

In *Category A*, Special Olympics Washington (defined as State staff) reserves the right to immediately suspend any athlete, pending an investigation of the offense.

In *Category A*, the Staff member will exercise the following progressive disciplinary measures.

1. Verbal warning given to the athlete.
2. Personal meeting with the athlete.
 - a. A parent/guardian or caseworker will accompany athletes under 18. The meeting will be documented in writing with copies distributed to the athlete, Senior Region Manager, State Office, coach's file, and parent/guardian or caseworker.
3. Individual disciplinary action taken.

The action may include suspension or expulsion. In cases of suspension or expulsion, a review may be conducted at the end of the suspension period. In cases of very serious or repeated incidents, permanent expulsion may be required.

In *Category B*, the following progressive disciplinary measures are to be exercised by the coach:

1. Verbal warning given the athlete.
2. Written warning issued to the athlete, with copy to Region Sports & Training Manager.
3. Suspension from practices or competition during the specific sport season.
4. Further action must be referred to the Senior Region Manager or State staff.

The athlete has the right to appeal, with written plan in place, to improve behavior.

Volunteer Code of Conduct

As a Special Olympics volunteer, I agree that while serving as a volunteer, I will:

1. Provide for the general welfare, health and safety of all Special Olympics athletes and volunteers.
2. Dress and act in an appropriate manner at all times.
3. Follow the established rules and guidelines of Special Olympics and/or any agency involved with Special Olympics.
4. Report any emergencies to the appropriate authorities after first taking immediate action to ensure the health and safety of the participants.
5. Abstain from the consumption or use of all alcohol, tobacco products and illegal substances while involved with any Special Olympics event, competition or training school.
6. Not engage in any inappropriate contact or relationship with athletes, volunteers or other participants of Special Olympics