

Special Olympics
Healthy Athletes®



2022 Fall State Games

November 19th, 2022

3:00pm to 8:30pm

Desert Hills Middle School



Fit Feet increases athletes access to foot care by offering podiatric screenings to evaluate ankles, feet, lower extremity biomechanics, and proper shoe and sock gear to participating athletes. **Clinical Volunteers** such as **Podiatrists**, **clinical foot care specialists**, and **podiatry students** are needed to lead screening and education stations.



Special Smiles provides comprehensive oral health care information, offers free dental screenings and instructions on correct brushing and flossing techniques to Special Olympics athletes. This also includes issuing preventative supplies, like toothpaste, toothbrushes and fluoride varnish. **Clinical Volunteers** including **Dentists**, **Dental Hygienists**, and **Dental students** are needed to lead screening and education stations.



Health Promotion uses health screenings and interactive educational demonstrations about: tobacco avoidance, physical activity, sun safety, bone health, nutrition, hydration and hand-washing, to heighten the awareness of athletes, reinforcing the need to improve and maintain an enhanced level of wellness and self-care. It also provides screening for BMI, blood pressure, and bone density. **Clinical Volunteers** including **Dietitians**, **Nutritionists**, **MD's**, **Nurses**, **Dermatologists**, **Public Health Educators**, **Public Health Students**, **Medical Students**, **Nursing Students** and **Exercise Science Students** are needed to lead screenings and education stations.

Register to Volunteer Here:

<https://2022fallgameshealthyathletes.my-trs.com/>

For more information, contact:
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