



## Basketball Rules Review

---

*The Official Special Olympics Sports Rules Book and the National Federation of State High School Rules Book shall govern this tournament. These rules apply to Region and State level competitions.*

- A. All Unified Teams will play two 20 minute halves with a running clock. **The clock will stop in the last minute of the game for each dead ball that occurs (foul shots, time-out, injuries-ONLY).**
- B. All community-based traditional teams will play four 8 minute quarters with running clock. **The clock will stop in the last minute of the game for each dead ball that occurs (foul shots, time-out, injuries-ONLY).**
- C. One-minute intermissions will follow both the 1<sup>st</sup> and 3<sup>rd</sup> quarters and 10 minutes between halves.
- D. Team rosters must have a minimum of 5 players and a maximum of 10 players.
- E. A team may be granted 2 time-outs per half, (unused timeouts do not carry over into second half).
- F. The three-second-rule restriction is enforced when team control exists in the opponent's frontcourt.
- G. When attempting a free throw, no one (including the shooter) can enter the three second lane until the ball has touched the rim.
- H. During multiple free-throw personal fouls, substitutions may be made only before the final attempt in the sequence and after the final attempt has been converted.
- I. The free throw shooter shall release the ball within 10 seconds from the time it is placed at the shooter's disposal by one of the officials.
- J. Women and Junior Division **must** play with a smaller ball, 28 ½ inches in circumference.
- K. The basketball ring will be 10 feet from the floor. A shorter basket will not be used.
- L. A player/head coach may now orally or visually request a time-out.

### **Unified Competition:**

- A. The roster shall contain a proportionate number of Athletes to Partners.
- B. During competition, the line up shall never exceed three Athletes and two Partners at any time. Failure to adhere to the required ratio results in a forfeit.

### **State Tournament Format:**

- A. Please defer to rules above.