SPECIAL OLYMPICS WASHINGTON SPORTS PROGRAM

2026 East Regional Flag Football Competition

Sunday, November 1, 2026

VENUE LOCATION

BADGER MOUNTAIN PARK

350 Keene Rd, Richland

GENERAL INFORMATION

NO HOUSING is being provided.

FOOD:
LIGHT SNACKS will be provided. Food can also be purchased at nearby outlets. An ALL YOU CAN EAT **French Fry cart** will be on location - NO CHARGE.

NO "Day of" COACHES meeting.
Pick up TEAM PACKET at Information Table when you arrive.

Attend required zoom **FLAG FOOTBALL** coach meeting on **October 21st @ 5:30pm**.
Go to EAST REGION WEBPAGE
for required registration link!

Team Competition Format:
Round Robin - seeding brackets will be sent prior to competition.

GENERAL SCHEDULE

***"Day Light Savings"* ends!**

9:45 AM Team Check-In Begins
10:30 AM Team Competition
10:45 AM Individual Skills Competition
11:30 AM Snack available
3:30 PM Approximate conclusion

 AWARDS 
are presented at the venue as results are processed and confirmed.

FLAG FOOTBALL RULES

Need clarification on rules and modifications or simply need to "brush up"?
Go to our **EAST REGION Webpage** (see address below) to find rules manual and our condensed "short rules".

VOLUNTEERS NEEDED

HELP US RECRUIT: Send interested to LINK found on EAST REGION Webpage!

SOWA MERCHANDISE

will be available for purchase onsite. NEW ITEMS have been added.

EAST REGION Contact Information

Program Manager: Tim Toon - ttoon@sowa.org (transportation related)
Competition Manager: Grant Opland - gopland@sowa.org (competation related)
EAST REGION WEBPAGE: https://specialolympicswashington.org/east-region-sports/