

South Cascade Bowling Sub-Regional Competition

Bowlero, Lynnwood – Shift Schedule

Saturday, October 17, 2026

Handicap Style Competition

Volunteer Training #1: 10:30AM

Volunteer Training #2: 1:00PM

Team Check In: 9:45AM

Opening Ceremonies: 10:45AM



Please turn in scratches BEFORE competition begins.

1st Shift

Warm-ups: 10:50AM

Competition Begins: 11:00AM

All awards will be presented on the lanes

Events	Divisions	Lanes
Assisted Ramp Competition		
Unassisted Ramp Competition		
ALL Singles Competition		

2nd Shift

Warm-ups: 1:20PM

Competition Begins: 1:30PM

All awards will be presented on the lanes

Events	Divisions	Lanes
Traditional Doubles Competition		
Traditional Team Competition		
Unified Doubles Competition		
Unified Team Competition		

