

Ramp & Unassisted Ramp Bowlers

Volunteer/Assistant	Assisted	Unassisted
Help position the ramp	Yes	No
Help retrieve ball from return	Yes	Yes
Place ball on ramp	Yes	Yes
Help position ball on ramp	Yes	No
Help push ball down ramp	No	No
Stabilize ramp with one hand	Yes	Yes
Coach athlete while bowling	No	No

Unassisted Ramp

- Athlete aims/positions ramp independently
- Assistant may help move ball onto ramp
- Assistant steps off approach before delivery

Assisted Ramp

- Assistant may aim the ramp based on athlete's direction
- Assistant's back to the pins at all times
- Athlete initiates the release



General Competition Notes

- Ramp bowlers may bowl up to 3 frames consecutively
- Keep ramp-only divisions; do not alternate lanes
- Ensure enough ramps and trained assistants

