

2026 East Region
SWIMMING
Regional Competition – FACT SHEET

**Special
Olympics**
Washington



DATE: Saturday, May 9TH

VENUE: Eastern Washington University – EWU Aquatic Center
1155 Playfield Ln., Cheney

SCHEDULE:

8:45AM: Team Check-In Begins

9:00AM: Pool Warm Up Begins

10:00AM: Competition Begins

11:00AM: Snack Distribution Begins

5:00PM (approx.): Competition Ends

ER COACH Competition Prep Mtg: April 29th @ 5:30pm

Registration Required. Find link on our [ER Webpage](#) or click [HERE](#).

“Day Before” COACH Mtg: May 8th @ 7:00pm

Virtual (Registration Link on [ER Webpage](#)) or **In Person** (Holiday Inn Express in Cheney)

TEAM PACKETS: Available for early pick up at the **Holiday Inn Express** in Cheney on **May 8th between 7:00pm and 8:00pm** (also at “check in” on May 9th at venue).

AWARDS: Processed as events are completed and placed in **AWARDS BOX** to be picked up by coach when competition is completed.

MERCHANDISE: At merchandise table – featuring our **new SPRING swag!**

Rules / Coach Helps / Assessment Tools / Schedules / AND more....

Go to [ER Webpage!](#)

STATE ADVANCEMENT: This is a qualifying competition for our **2026 SPRING GAMES** on **May 29 – 31 @ University of Puget Sound.**

TRANSPORTATION: Contact ER Program Tim Toon @ ttoon@sowa.org