

2026 East Region
ATHLETICS
Regional Competition – FACT SHEET

**Special
Olympics
Washington**



DATE: Saturday, May 2nd

VENUE: Cheney High School / 460 N. 6th St. / Cheney

SCHEDULE:

8:45AM: Team Check-In Begins

9:45AM: Opening Ceremonies

10:00AM: Competition Begins

11:00AM: Snack Distribution Begins

4:00PM (approx.): Competition Ends

ER COACH Competition Prep Mtg: April 22nd @ 5:30pm

Registration Required. Find link on our [ER Webpage](#) or click [HERE](#).

“Day Before” COACH Mtg: May 1st @ 7:00pm

Virtual (Registration Link on [ER Webpage](#)) or **In Person** (Holiday Inn Express in Cheney)

TEAM PACKETS: Available for early pick up at the **Holiday Inn Express** in Cheney on **May 1st between 7:00pm and 8:00pm** (also at “check in” on May 2nd at venue).

AWARDS: Awards will be presented throughout the day as the **TRACK** results are processed. **Award boxes** will be built for **FIELD** events and given to the coach after the competition to distributed as arranged.

RUNNING LONG JUMP: **YES** – now offered at our ER Regional!

MERCHANDISE: At merchandise table – featuring our **new SPRING swag!**

Rules / Coach Helps / Assessment Tools / Schedules / AND more....

Go to [ER Webpage!](#)

STATE ADVANCEMENT: This is a qualifying competition for our **2026 SPRING GAMES** on **May 29 – 31 @ University of Puget Sound.**

TRANSPORTATION: Contact ER Program Tim Toon @ ttoon@sowa.org